

City of Noah

Read Alma 49:1-15 (or give a brief summary and read verses 14-15).

Next read Alma 50:1-6. As you read about each part, lay down its “puzzle piece.”

- City (in the center)
- Heaps of earth (in a square around the city)
- Works of timber (in another square around the other two squares)
- Frame of pickets (a third square around the other two squares)
- Towers (in the corners of where the squares are)
- Arrows (two on each side of the square, attacking the city from the outside of the squares)

Explain that this applies to us in the latter days. As you do each explanation, flip over the “puzzle piece.”

- City – this is our family, which we need to protect
- Heaps of earth – this is the center of our protection, which include the 4 principles of the gospel: faith, repentance, baptism, and the Holy Ghost
- Works of timber – Sunday worship, including sacrament, Sunday school, Priesthood, and Relief Society
- Frame of pickets – Outside help, including home teachers, family prayer, family scripture study, and family home evening.
- Towers – ways of keeping a look-out for temptation, including words of the prophets’ words, personal scripture study and prayer, temple attendance, and personal testimony.
- Arrows – these are temptations that Satan uses to attack us; shown are just a few examples

If at any time we remove one of the pieces of our fortress, we open up ourselves to attack.

It should look like this:

