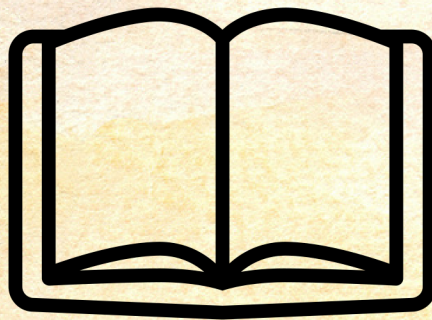


My Book of Mormon



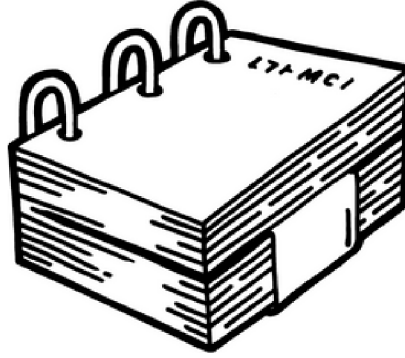
STUDY JOURNAL

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THIS
STUDY JOURNAL
BELONGS TO

THE BOOK OF MORMON



Plates	Author	Book	Chapters
(Small) Plates of Nephi	Nephi	1 Nephi	22
		2 Nephi	33
	Jacob	Jacob	7
	Enos	Enos	1
	Jarom	Jarom	1
	Omni and three others; Amaleki	Omni	1
Plates of Mormon	Mormon	Words of Mormon	1
	Mormon (his abridgment of the Large Plates of Nephi)	Mosiah	29
		Alma	63
		Helaman	16
		3 Nephi	30
		4 Nephi	1
	Mormon (1-7) and Moroni (8-9)	Book of Mormon	9
	Moroni's abridgment of Ether's 24 plates	Ether	15
	Moroni	Moroni	10
Sealed Portion	???	???	?

1 NEPHI 1

Draw a picture of the vision that Lehi saw.
(1 Nephi 1:8-13)

Why did Lehi rejoice even though what he saw was sad? Why did Nephi say he was favored of the Lord, even though he saw much affliction? How can I be like this?
(1 Nephi 1:1, 15)

Imagine you were an editor for a newspaper and you had to write a headline for 1 Nephi 1:18-20. What would be your headline?

What are the tender mercies that you have seen in your life?
(1 Nephi 1:20)



1 NEPHI 2

Draw a picture of what you would take if you
had to leave like Lehi.
(1 Nephi 2:4)



What do you complain about? How can you
be more like Nephi when asked to do
something?
(1 Nephi 2:8-14)

How did Nephi get his testimony? How can
you get a testimony?
(1 Nephi 2:16-19)

Write your testimony.

1 NEPHI 3

How did Laman and Lemuel respond to Lehi's request to get the plates? How did Nephi?
(1 Nephi 3:1-7)

How was Nephi's attempt to get the plates different than Laman's attempt?
(1 Nephi 3:10-18, 21-31)

Why was it important for them to get the plates of brass?
(1 Nephi 3:19-20)

Draw a picture of your favorite part of this chapter

1 NEPHI 4

Draw a picture of Nephi's answer to his brothers' questions from last chapter.
(1 Nephi 4:1-3)

Nephi had no idea what he was supposed to do. But what was his response?
(1 Nephi 4:4-7)

It may seem like Nephi broke the commandment to not kill. Why did the Holy Ghost tell him to kill Laban?
(1 Nephi 4:8-13)

What are some qualities of Zoram that make him a good example?
(1 Nephi 4:20-38)



1 NEPHI 5

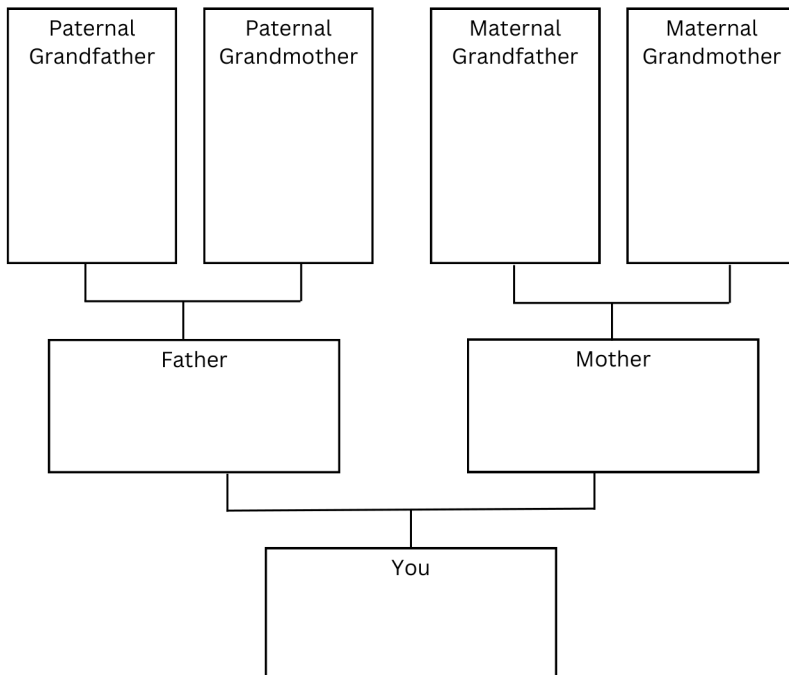
How can you follow Sariah's example when you have doubts or fears?
(1 Nephi 5:1-9)

What was the first thing Lehi did when he received the brass plates? The second thing?
(1 Nephi 5:9-10, 17)

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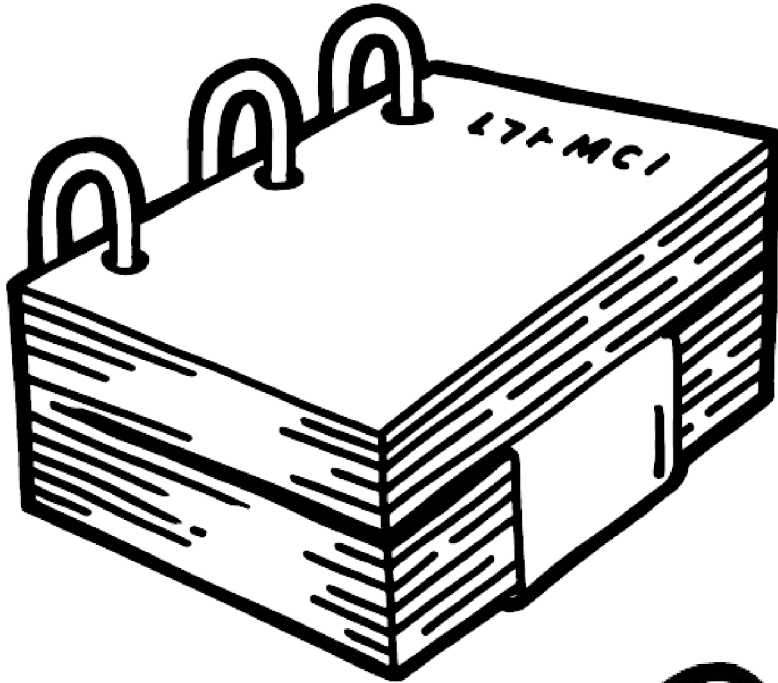
What is your family tree?
(1 Nephi 5:21)



Why do you think the Lord had them get the plates instead of just telling them what the commandments were?
(1 Nephi 5:21)

1 NEPHI 6, 9

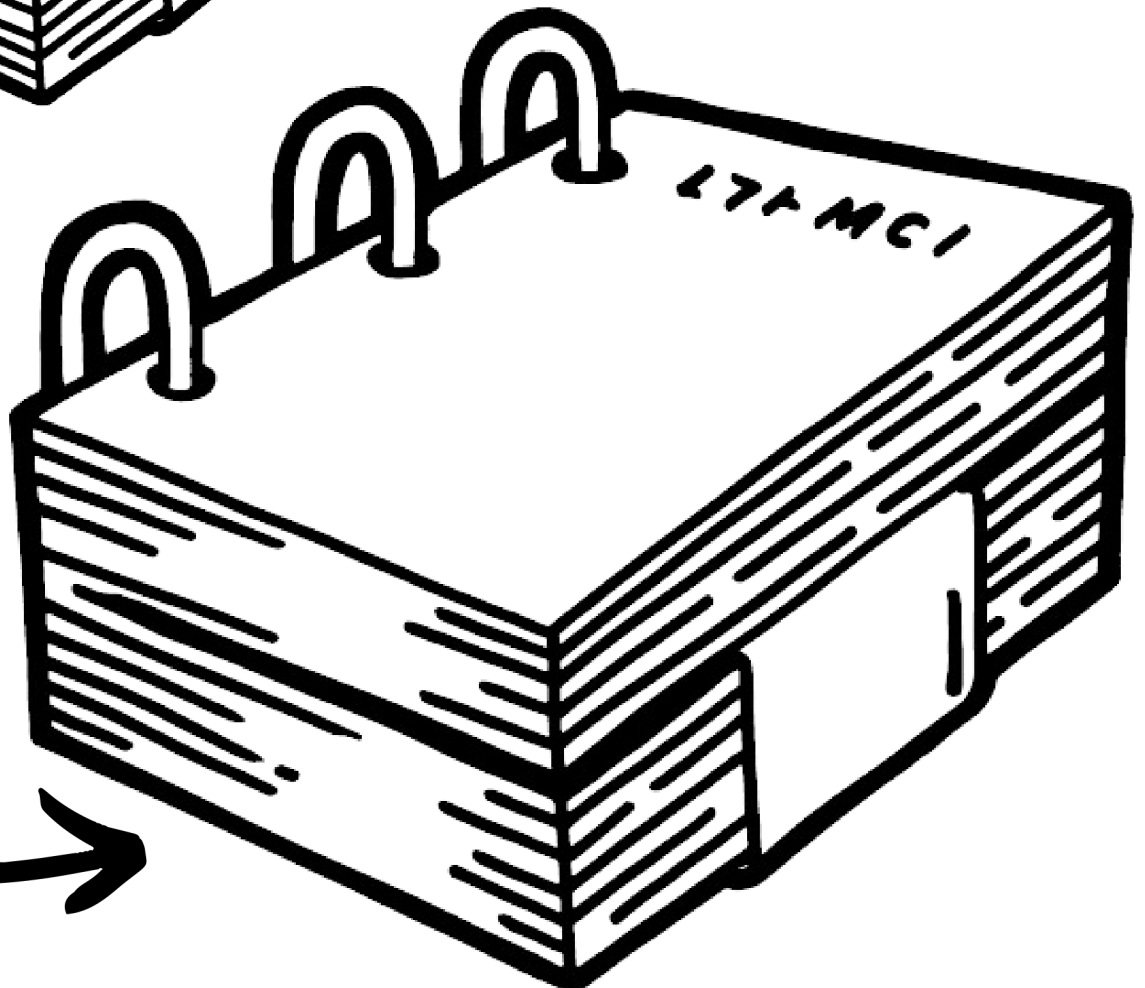
Nephi is commanded to make two sets of records. What goes on each set?
(1 Nephi 6, 9)



SMALL PLATES



LARGE
PLATES



1 NEPHI 7

Why did the Lord have Lehi send his sons back a second time? Why was it important?
(1 Nephi 7:1-5)

If you were Nephi, what would you say to those who were rebelling?
(1 Nephi 7:6-15)

What does Nephi pray for? What would you have prayed for in that situation?
(1 Nephi 7:16-22)

How can you forgive like Nephi?
(1 Nephi 7:19-22)



1 NEPHI 8

Draw a picture of Lehi's dream. As you read, include each thing Lehi sees. Make sure to include the items on the next page.

1 NEPHI 8

Look up the meanings of each item in the table that was in Lehi's dream.

Symbol from Lehi's Dream	The Interpretation of the Symbol Given to Nephi
The tree or the tree of life (1 Nephi 8:10; it is called the tree of life in 1 Nephi 15:22)	(1 Nephi 11:25)
The fruit of the tree (1 Nephi 8:10–12)	(1 Nephi 15:36)
The river of (filthy) water (1 Nephi 8:13)	(1 Nephi 12:16; 15:27)
The rod of iron (1 Nephi 8:19)	(1 Nephi 11:25; 15:23–24)
The mist of darkness (1 Nephi 8:23)	(1 Nephi 12:17)
The great and spacious building (1 Nephi 8:26)	(1 Nephi 11:36; 12:18)

1 NEPHI 10

When did Lehi prophesy that the Messiah—the Savior—would come?
(1 Nephi 10:1-16)



What did Lehi say would happen to those who do not “rely on this Redeemer”?
(1 Nephi 10:1-16)

What did Nephi do after hearing his father share his dream?
(1 Nephi 10:17)

How are the mysteries of God revealed to us?
(1 Nephi 10:19)

1 NEPHI 11

How was Laman and Lemuel's reaction to their father's dream different than Nephi's? Why?
(1 Nephi 11:1-6)

Condescension means to willingly descend from a position of high status to help or bless others.. How does this describe Jesus?
(1 Nephi 10:16-17)

Draw a picture of the vision that Nephi saw in this chapter.

1 NEPHI 12

Draw a picture of the visions that Nephi saw in this chapter.

1 NEPHI 13

What are some of the characteristics of the great and abominable church?
(1 Nephi 13:1-9)

The pilgrims take the Bible to the Native Americans, who are descendants of Nephi.
What happened to the Bible?
(1 Nephi 13:10-29,)



Make a timeline of the major events Nephi sees in chapters 12-13.

1 NEPHI 14

What are the two churches and their characteristics?
(1 Nephi 14:1-17)

CHURCH OF CHRIST



CHURCH OF THE DEVIL



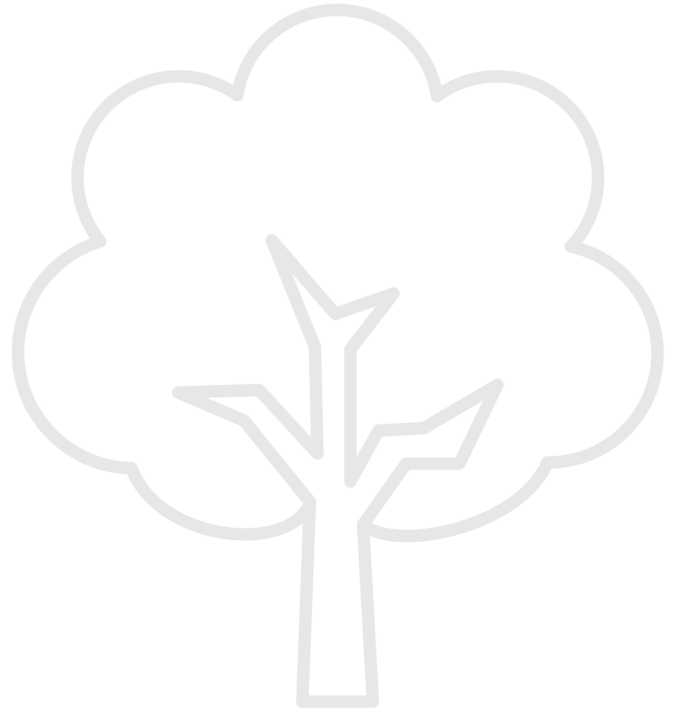
How would you feel if you were outnumbered
and fighting in a war?
(1 Nephi 14:14-16)

How do we make covenants to become one of
the covenant people?
(1 Nephi 14:17-30)

1 NEPHI 15

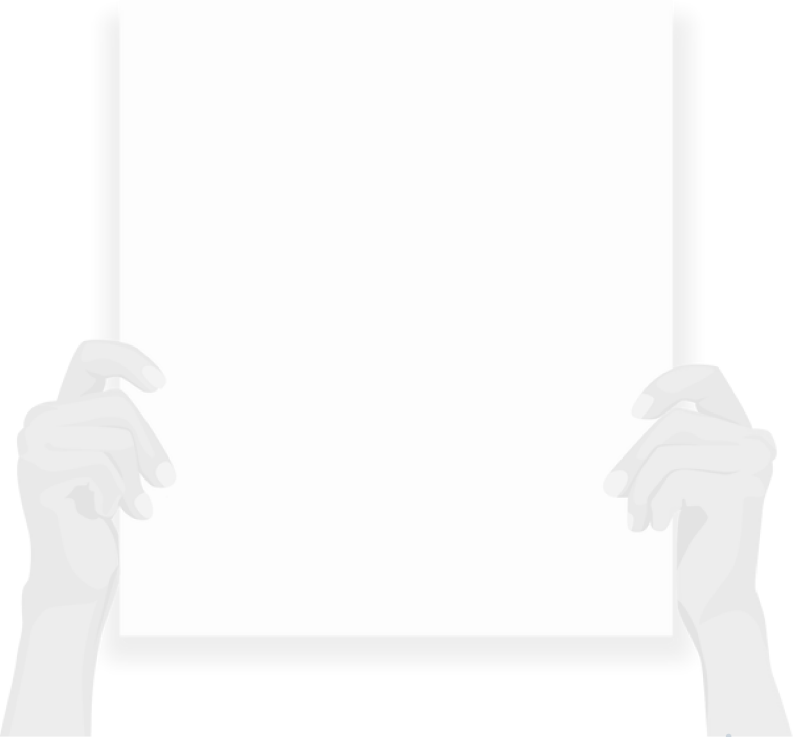
Imagine you have a friend who doesn't ask the Lord for guidance because they don't believe He will answer. What can you tell them?
(1 Nephi 15:1-11)

Israel (God's people) are scattered throughout the world. How can you help gather Israel?
(1 Nephi 15:12-20)



Design a flyer promoting the word of God.
(1 Nephi 15:21-36)

Why would Nephi's brothers have been troubled by these teachings?
(1 Nephi 15:32-36)



1 NEPHI 16

How do you react when someone corrects you
when you're doing something wrong?
(1 Nephi 16:1-3)

How does the Liahona work? What works
similarly in our lives?
(1 Nephi 16:7-10, 16:26-29)



How did each of these people react to the new
trial in this chapter?
(1 Nephi 16:17-25)

Why does the Lord chasten (correct) us?
(1 Nephi 16:34-39)

NEPHI

LEHI

LAMAN & LEMUEL

SONS OF ISHMAEL

1 NEPHI 17

Was their journey easy or hard? What made the difference?
(1 Nephi 17:1-6)

How does the Holy Ghost speak to us? How did Nephi's brothers become past feeling?

(1 Nephi 17:45)

Read "Did You Get the Right Message?" Elder Packer, April 2004 Conference



Gospel principles are often stated in the scriptures in an "if-then" format. What if-then statements can you find in this chapter?
(1 Nephi 17:3)

IF _____ THEN _____

IF _____ THEN _____

IF _____ THEN _____

1 NEPHI 18

How did Nephi seek direction from the Lord?
How was he diligent?
(1 Nephi 18:1-8)

Difficulties come from 3 sources: 1) the natural world; 2) imperfections of others; 3) our own sins ("That Your Burdens May Be Light," Ensign or Liahona, Nov. 2009, 12-13). Think of an example of each for your own life.

NATURAL WORLD

IMPERFECTIONS OF OTHERS

OWN SINS

Draw a picture of Nephi's ship. What is everyone doing? How are people responding?
(1 Nephi 18:8-25)

1 NEPHI 19

What does Nephi write down? What does he think is most important?
(1 Nephi 19:6-7)

How is your love for the Savior increased by Nephi's words about Him?
(1 Nephi 19:8-10)

What does Nephi do with the scriptures? How can you "liken" scriptures to your own life?
(1 Nephi 19:22-23)

Choose one principle from the stories of Nephi and liken it to yourself.
(1 Nephi 19:23)

1 NEPHI 20

Have you made a wrong choice? How did that
choice make you feel?
(1 Nephi 20:1-2)

How does the Lord respond to those who have been rebelling against Him?
(1 Nephi 20:9-11, 14)

What words or phrases show the children of Israel were unfaithful? What do these mean? How do you see these tendencies in yourself? An example has been provided.
(1 Nephi 20:3-4, 8, 18)

WORD/PHRASE	MEANING	APPLICATION
"thou art obstinate"	you are stubborn	I don't like it when my parents tell me what to do.

1 NEPHI 21

What phrases describe Jesus Christ and what
He would do as the Redeemer of Israel?
(1 Nephi 21:1-13)

What do these verses tell you about Jesus's
love for you?
(1 Nephi 21:14-16)

What would you say to a friend who feels like
they can't come back to church because of a
mistake they've made?

1 NEPHI 22

Who are Gentiles? What is the marvelous work?
(1 Nephi 22:6-8)

GENTILES

MARVELOUS WORK

How will Israel be gathered in the last days?
(1 Nephi 22:4-12)

What will happen to the righteous, the wicked,
and Satan at the Second Coming?
(1 Nephi 22:14-26)

WICKED

RIGHTEOUS

SATAN

2 NEPHI 1

Imagine that you suddenly have to leave your family and never see them again. What would you say to them?
(2 Nephi 1:1-23)



What great things did the Lord do for Lehi's family? For your family?
(2 Nephi 1:1-4)

Find if-then statements.
(2 Nephi 1:7-11)

What leadership qualities did Nephi have?
(2 Nephi 1:24-27)

2 NEPHI 2

What do we learn about Jacob?
(2 Nephi 2:1-4)

What would have happened had Adam and Eve not eaten the fruit? What happened because they fell?
(2 Nephi 2:19-25)

How does the Fall bring joy?
(2 Nephi 2:25)

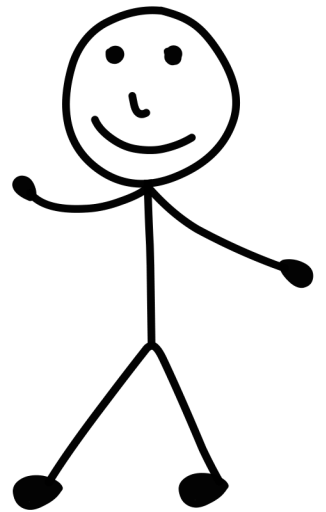
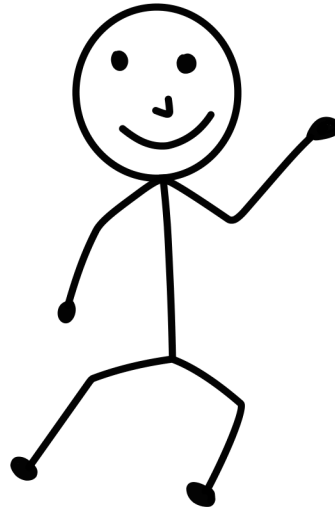
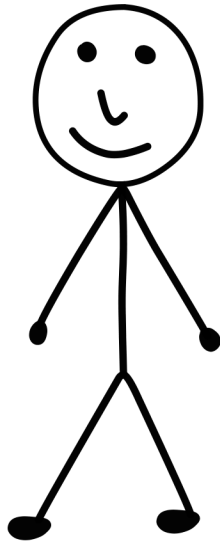
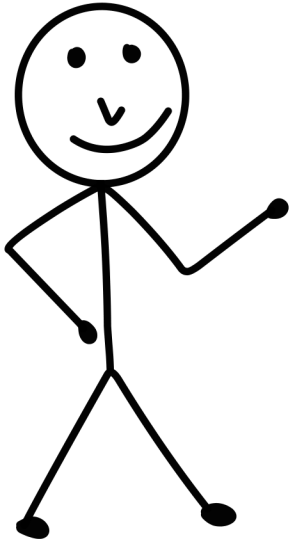
What are the two choices you have through agency?
(2 Nephi 2:26-28)

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2 NEPHI 3

Who are the four Josephs?
(2 Nephi 3:3-4, 14-15)



What is a seer?
(2Nephi 3:6-7, 11, 14)

What qualities would Joseph Smith, Jr. have?
(2 Nephi 3:24)

2 NEPHI 4

Make a list of the blessings that have come into your life from listening to the counsel of those who care about you.
(2 Nephi 4:4-5)

What do you delight in? What brings your soul joy?
(2 Nephi 4:15-16)



Scripture	How These Verses Applied to Nephi	How These Verses Can Apply to You
2 Nephi 4:20-25	How had the Lord blessed Nephi in the past for placing his trust in Him?	How has the Lord blessed you when you have trusted in Him?
2 Nephi 4:26-30	How did remembering his blessings affect Nephi's desires to be righteous?	How have the blessings of the Lord affected your desire to be righteous?
2 Nephi 4:31-33	What did Nephi pray for?	How might you apply these verses in your prayers?

2 NEPHI 5

What did Nephi do when he was faced with a problem? How did he receive the answer?
(2 Nephi 5:1-8)

Who chose to go with Nephi? Why did they make that choice?
(2 Nephi 5:6)

What things did the Nephites do to make them happy? How can you do the same?
(2 Nephi 5:10-18, 26)

What do you think it means to live after "the manner of happiness?"
(2 Nephi 5:27)

2 NEPHI 6

Why did Jacob, Nephi's brother, give this sermon to the people?
(2 Nephi 6:3-5)

What happened to the Jews after Lehi left?
What would they do when Christ came?
(2 Nephi 6:8-10)

Even though the House of Israel rejected Jesus, how does He feel about them?
(2 Nephi 6:11, 14)

When you get baptized, you join the House of Israel because you made covenants with God.
How does 2 Nephi 6:17-18 make you feel?
(2 Nephi 6:17-18)



2 NEPHI 7-8

Why is it important to understand that our thoughts, decisions, and actions can separate us from God?
(2 Nephi 7:1)

Why is it important for you to know that the Lord never forgets or forsakes you?
(2 Nephi 7:2)

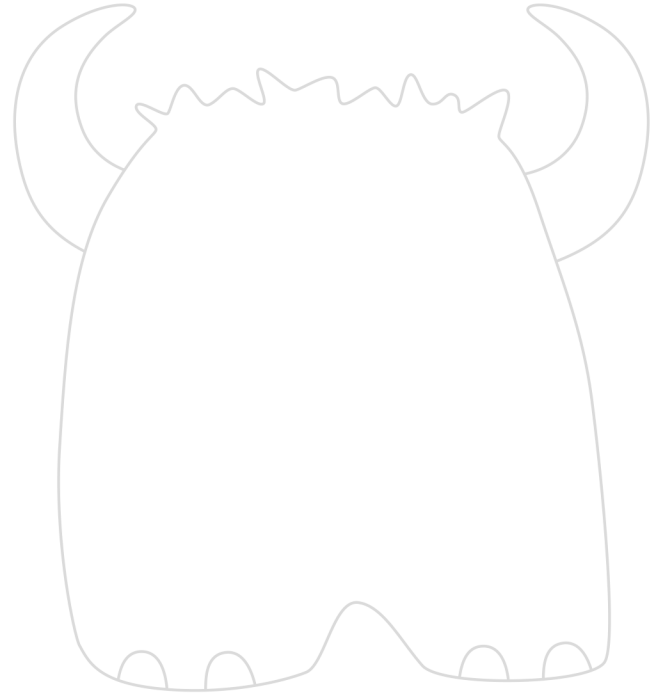
What do you learn in these verses about Christ's willingness to redeem you?
(2 Nephi 7:5-7)

What phrases offer assurance of the Lord's desire and power to redeem you?
(2 Nephi 8:3, 11-13, 16, 22)

2 NEPHI 9

What would happen to our bodies and spirits if there were no Atonement?
(2 Nephi 9:7-9)

What are the two elements of the monster that Jacob described?
(2 Nephi 9:10)



What did the Savior suffer? For whom did He suffer? How many people is that?
(2 Nephi 9:21)

What do we need to do to be redeemed?
(2 Nephi 9:21-27)

2 NEPHI 9

Draw a picture of the path Jacob describes
that leads to eternal life.
(2 Nephi 9:28-54)

What do you learn from these verses about
learning and education?
(2 Nephi 9:28-29)

How does diligent scripture study help you live
according to the principle in 2 Nephi 9:29?

2 NEPHI 10

Jacob prophesied to his people about Jesus.
What did he tell them?
(2 Nephi 10:1-5)

What should we do because Jesus died for us?
(2 Nephi 10:20, 23-25)

Why does Jacob tell us to be cheerful? How
does this bring you happiness?
(2 Nephi 10:23)

What does the phrase “reconcile yourselves to
the will of God” mean?
(2 Nephi 10:24)

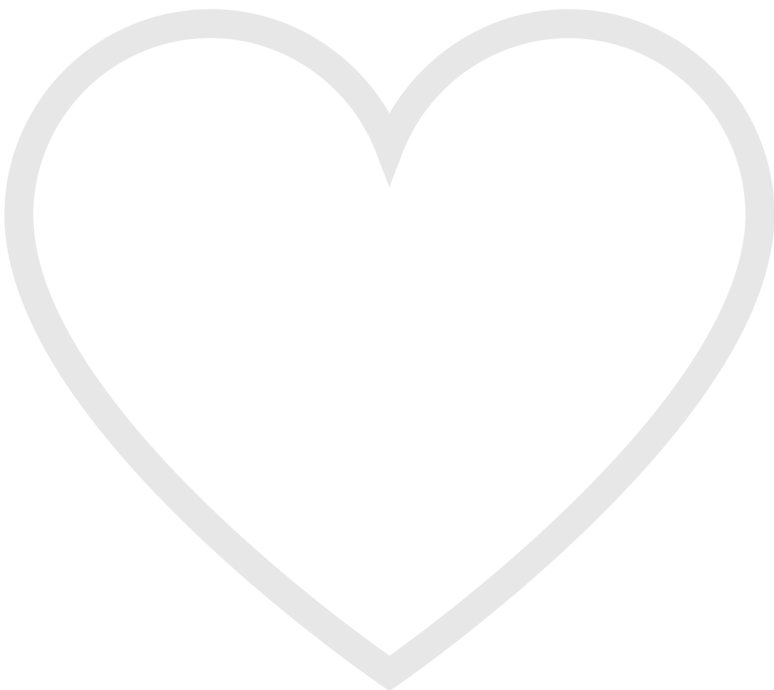
2 NEPHI 11

What experience did Nephi, Jacob, and Isaiah each have with Jesus Christ?
(2 Nephi 11:2-3)

Why is it important to have a witness of Jesus Christ from multiple prophets?
(2 Nephi 11:2-3)

What does your soul delight in?
(2 Nephi 11:4-6)

What does Nephi hope you will learn from studying Isaiah's words?
(2 Nephi 11:8)



2 NEPHI 12

Draw a mountain. Why does Isaiah call the temple a "mountain of the Lord"?
(2 Nephi 12:1-5)

What words describe those who worship idols?
(2 Nephi 12:6-18)

What is "the day of the Lord"?
(2 Nephi 12:9-13)

2 NEPHI 13-14

Draw the women described in 2 Nephi 13:16-26
(the daughter of Israel if she doesn't repent)
and in 2 Nephi 14 (the daughter of Israel if she
repents).

2 NEPHI 15-16

"Wo" means deep sorrow. Make a list of the sins Isaiah listed that would cause wo.
(2 Nephi 15:8-22)

What are some ways the world today calls good evil, and evil good?
(2 Nephi 15:20)

How does this list of symbols help you understand these verses?
(2 Nephi 16:1-8)

Have you ever felt unworthy before? How can that be changed?
(2 Nephi 16:1-7)

SERAPHIM -
ANGELS

SMOKE -
LORD'S PRESENCE

UNCLEAN LIPS -
UNWORTHINESS

LIVE COAL/FIRE -
PURIFYING HOLY
GHOST

ALTAR - PLACE
OF SACRIFICE

2 NEPHI 17-18

King Ahaz was being threatened by Assyria, and the prophet Isaiah tried to get him to ask the Lord for help. What does Ahaz respond?
(2 Nephi 17:10-12)

The Lord told Ahaz that He would give them a sign that He would always protect them. What is that sign?
(2 Nephi 17:14)

Draw a picture of 2 Nephi 18:6-8. The waters of Shiloah are a symbol of God's peaceful, calm power.

Judah wanted Ahaz and his successor Hezekiah to join together to fight the Assyrians. What does the Lord say to do instead of joining the alliance? Hezekiah trusted that counsel, and the result is in .2 Kings 19:35
(2 Nephi 18:13)

2 NEPHI 19-20

What would it be like to live without the sun?
To be in a dark room all the time? That's what
it's like living without the light of Christ.
(2 Nephi 19:1-7)

Which of the Savior's titles is the most
meaningful to you? Why?
(2 Nephi 19:6-7)

What sentence is repeated in 2 Nephi 19:12, 17,
21 and 2 Nephi 20:4? Draw a picture of what it
says. What does it mean to you?

2 NEPHI 21-24

Using these symbols, what are these verses about?

(2 Nephi 21:1-4, 10-12)

STEM OF JESSE—
JESUS CHRIST

ROD OUT OF THE
STEM OF JESSE—
A SERVANT OF
JESUS CHRIST
(JOSEPH SMITH)

ROOT OF JESSE—
AN INDIVIDUAL
WHO HOLDS
PRIESTHOOD
KEYS
(JOSEPH SMITH)

If a friend asked you what you believe about the Millennium (the time after Christ's Second Coming), what would you say?

(2 Nephi 21:6-9; 22:1-6)

What did Isaiah prophesy would happen to the wicked in the last days?

(2 Nephi 23:1, 4-9, 11, 15, 19, 22.)

How was Satan proud and arrogant in the pre-earth life? What will happen to him in the last days and during the Millennium?

(2 Nephi 24:12-16)

2 NEPHI 25

Isaiah's word can be difficult to understand.
What does Nephi tell us we need?
(2 Nephi 25:1-8)

Why is believing in Christ "the right way"?
(2 Nephi 25:20-30)

Make a timeline of what Nephi prophesied
would happen to the Jews.
(2 Nephi 25:9-19)

2 NEPHI 26

What blessings will come to Nephi's righteous descendants?
(2 Nephi 26:8-9)

What is promised to us as we exercise faith in Jesus Christ?
(2 Nephi 26:12-13)

In what ways are Nephi's prophecies of the Last Days being fulfilled today?
(2 Nephi 26:14-22)

How does God work with His children?
(2 Nephi 26:23-28, 33)

2 NEPHI 27

What will the Lord do in the last days to establish the truth of the Book of Mormon?
(2 Nephi 27:12-14,)

How is Nephi's vision fulfilled in Joseph Smith—
History 1:63-65?
(2 Nephi 27:15-22)

What do we learn about God in this verse?
(2 Nephi 27:23)

What are some of the blessings of the coming
forth of the Book of Mormon?
(2 Nephi 27:29-30, 34-35)

2 NEPHI 28

What are some of Satan's false ideas that he uses to trick people? How do you see those today?
(2 Nephi 28:1-6)

How can you recognize and avoid the foolish doctrines of the world?
(2 Nephi 28:7-9)



What will happen to some followers of Christ?
What are the consequences?
(2 Nephi 28:12-19)

What are some ways Satan uses to trick you?
(2 Nephi 28:20-29)

2 NEPHI 29

Why did the Lord give us the Book of Mormon,
not just the Bible?
(2 Nephi 29:1-2, 29:7-11)

A standard is an object used to gather and
unify people, like a flag. Draw your own flag
for the Book of Mormon.
(2 Nephi 29:1-2, 29:7-11)



How will some people react to having
additional scripture?
(2 Nephi 29:3-6)

What are the blessings for those who accept
both the Bible and Book of Mormon
(2 Nephi 29:13-14)

2 NEPHI 30

Complete the chart with phrases describing the impact of the Book of Mormon on those who receive it.
(2 Nephi 30:3-8)

Groups of People	The Impact of the Book of Mormon
Descendants of Lehi (2 Nephi 30:3-6)	
Jews (2 Nephi 30:7)	
Gentiles, or all nations (2 Nephi 30:8)	

How has the Book of Mormon helped you come to know the Savior?
(2 Nephi 30:1-8)

Write a newspaper headline describing the millennial condition you most look forward to.
(2 Nephi 30:9-18)



2 NEPHI 31

Fill out the chart about baptism.
(2 Nephi 31:4-12)

REASONS WHY JESUS WAS BAPTIZED

REASONS WHY WE ARE BAPTIZED

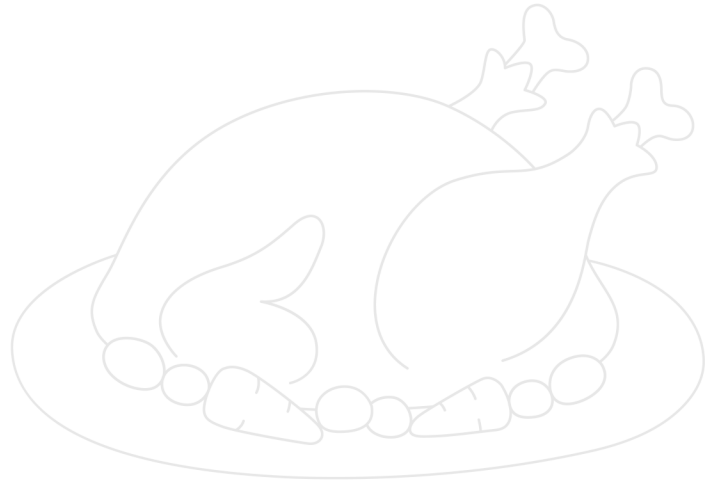
What should you do to be ready for baptism?
(2 Nephi 31:13)

What should you do after you are baptized?
(2 Nephi 31:19-21)

2 NEPHI 32

Nephi used the phrase “the words of Christ” to describe teachings inspired by the Holy Ghost. Make a list of the “words of Christ” that you have access to.
(2 Nephi 32:2-3)

What do you think it means to feast upon the words of Christ?
(2 Nephi 32:2-3)

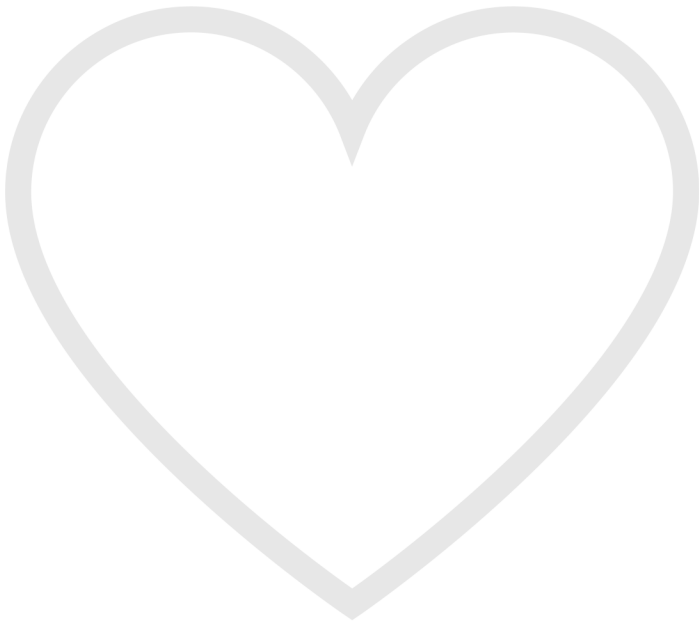


What do you think it means to “ask” or “knock”? How might prayer be a good example of asking or knocking?
(2 Nephi 32:4-7)

Why do you think the Lord wants you to pray? Why do you think Satan does not want you to pray? How can you pray always?
(2 Nephi 32:8-9)

2 NEPHI 33

What is the difference between a message going unto someone's heart and a message going into someone's heart?
(2 Nephi 33:1-4)



Complete the following sentences, using your own words or the words of Nephi.
(2 Nephi 33:3-7)

I pray continually for

I know

I glory

I have

These are Nephi's last words. Write some of the phrases that are meaningful to you
(2 Nephi 33:10-14)

What is Nephi's last statement? What does it mean to you?
(2 Nephi 33:15)

JACOB 1

How did Jacob become responsible for teaching the people?
(Jacob 1:1)

Why do priesthood leaders and other leaders warn you so much against sin?
(Jacob 1:6-8, 17-19)

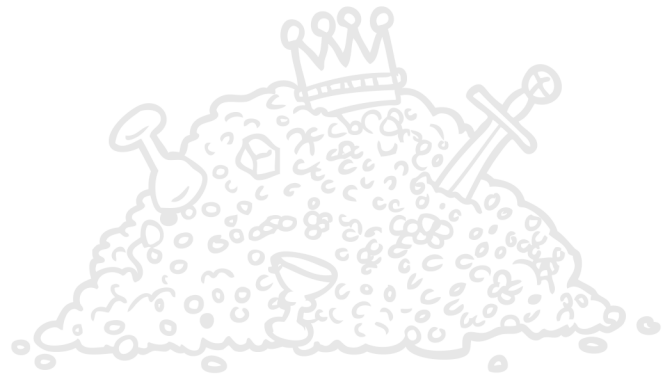
After Nephi's death, what did many of the people begin to do? When did Jacob start correcting them?
(Jacob 1:15-16)

What do you think it means to receive an "errand from the Lord"?
(Jacob 1:17)

JACOB 2

How did Jacob feel about his calling to preach repentance to people?
(Jacob 2:1-3, 6-7, 10-11)

What did the Nephites do when they received riches and blessings from God?
(Jacob 2:12-13)



How can you overcome pride?
(Jacob 2:17-21)

How does the Lord view sexual immorality?
(Jacob 2:22-35)

JACOB 3

Fill out the chart about how the pure in heart
suffer because of others' actions.
(Jacob 3:1-2)

WHAT DID JACOB EXHORT THE PURE
IN HEART TO DO?

WHAT DOES GOD PROMISE THE PURE
IN HEART?

Why were the Lamanites considered more
righteous in God's eyes?
(Jacob 3:5-7)

What temptations do you face?
(Jacob 3:11-12)

JACOB 4

What does Jacob want you to know because
you read his record that he wrote?
(Jacob 4:4)

If the mark is Jesus Christ, what does it mean
to look beyond the mark?
(Jacob 4:14)

Make a list of Jacob's teachings about Jesus
and the Atonement.
(Jacob 4:4-12)



JACOB 5

Symbol	Meaning
Tame olive tree (verse 3)	The house of Israel, God's covenant people
The vineyard (verse 3)	The world
Decay (verse 3)	Sin and apostasy
Master of the vineyard (verse 4)	Jesus Christ
Pruning, digging, and nourishing (verse 4)	The Lord's efforts to help us be righteous and produce good works
Branches (verse 6)	Groups of people
Wild olive tree (verse 7)	Gentiles—those who have not made covenants with the Lord. Later in the allegory, natural olive trees, representing portions of the house of Israel in apostasy, are also described as “wild.”
Plucking and grafting branches (verses 7-8)	The scattering and gathering of the Lord's covenant people. In addition, the grafting of wild olive branches into the tame olive tree represents the conversion of Gentiles who become part of the Lord's covenant people through baptism.
Burning branches (verse 7)	God's judgments upon the wicked
Fruit (verse 8)	The lives or works of people
Roots of the tame olive tree (verse 11)	The covenants the Lord makes with those who follow Him. Roots may also represent individuals with whom the Lord covenanted anciently, such as Abraham, Isaac, and Jacob (see Jacob 6:4).

JACOB 5

Jacob quotes Zenos's parable of an olive tree vineyard. Using the symbolism key, what happens at each of the master's visits?

1ST VISIT (VERSES 4-14)

2ND VISIT (VERSES 15-28)

3RD VISIT (VERSES 29-60)

4TH VISIT (VERSES 61-77)



JACOB 5

Here is a chart explaining how each visit of the master to the vineyard correlates to our time on earth.

Event	Verses	Time frame	Dispensations
Visit One	4-14	1800 B.C. - 400 B.C.	Jacob (Israel) to Malachi
Long Time	15	400 B.C. - 30 A.D.	Malachi to Jesus
Visit Two	16-28	30 A.D. - 34 A.D.	Ministry of Christ
Long Time	29	10 A.D.-1820 A.D.	Apostasy to Restoration
Visit Three	30-60	1820 A.D to Our Day	
Visit Four	61-75	Our Day to Second Coming	
Long Time	76	1000 years: Millennium	
	77	End of the world	

JACOB 6

What did Jacob want us to learn about God by sharing the allegory of the olive trees?
(Jacob 6:4-6)

What did you learn from the allegory of the olive trees that illustrates how God cleaves or holds on to you?
(Jacob 6:5)

What can you do to cleave more firmly unto Him as He cleaves unto you?
(Jacob 6:5)

What does Jacob mean when he says, "O be wise"?
(Jacob 6:12)

JACOB 7

What were Sherem's goals? How did he accomplish them? What effect did he have on the people?
(Read Jacob 7:1-5)

How did Jacob respond to Sherem and rely on the Lord? How would you respond to someone who similarly questioned your faith?
(Jacob 7:5-14)

What good resulted from Jacob's encounter with Sherem?
(Jacob 7:15-23)

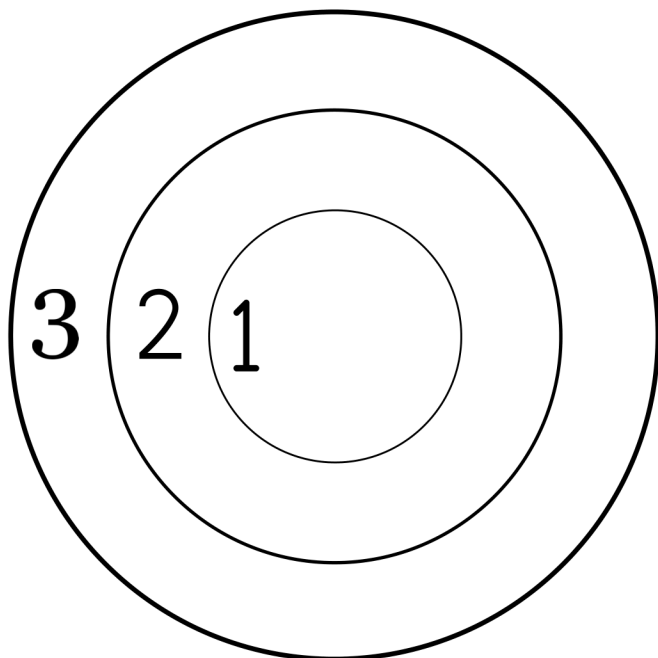
What is one thing you will do to prepare for a time when someone challenges your faith?
(Jacob 7:24-27)

ENOS

Fill out the follwng chart.
(Enos 1:1-8)

What Enos desired:	What I desire:
What Enos did:	What I need to do:
What Enos experienced:	My experience:

This diagram shows Enos's prayer. Who did he
pray for first, second, and third?
(Enos 1:9-14)



How did Enos receive an answer to his prayer?
How did it make him feel?
(Enos 1:15-18, 27)

JAROM

What was the Lord's promise to the people?
(Jarom 1:9)

What are some examples of how the Nephites
were obedient and how they were blessed?
(Jarom 1:4-5, 8)

What role did prophets and other leaders play
in helping the Nephites be obedient and
prosper?
(Jarom 1:7, 10-12)

Describe an experience when the Lord has
blessed or prospered you for keeping His
commandments.
(Jarom 1:9)

OMNI

Who were all the different men who kept the records in the book of Omni?
(Omni 1:1, 4, 9, 10, 12, 25)

How did the people come to live in Zarahemla? How were they like the people they found? Use the chart on the next page.
(Omni 1:12-19)

Who are the two groups of non-Nephites?
What do we learn about them?
(Omni 1:20-22, 27-30)

What invitation does Amaleki extend 3 times?
(Omni 1:25-26)

1

2

Overview of Nephite Migration

Land of Desolation

(where Jaredite bones were "scattered
in the land northward" [Omni 1:22])

Land of Zarahemla

(where the Nephites united
with the Mulekites)

Failed attempt to
return to the land
of Nephi

Second attempt,
under Zeniff, to
return to the
land of Nephi

Land of Nephi

(home of the Nephites after
they split from the Lamanites)

Land of First Inheritance

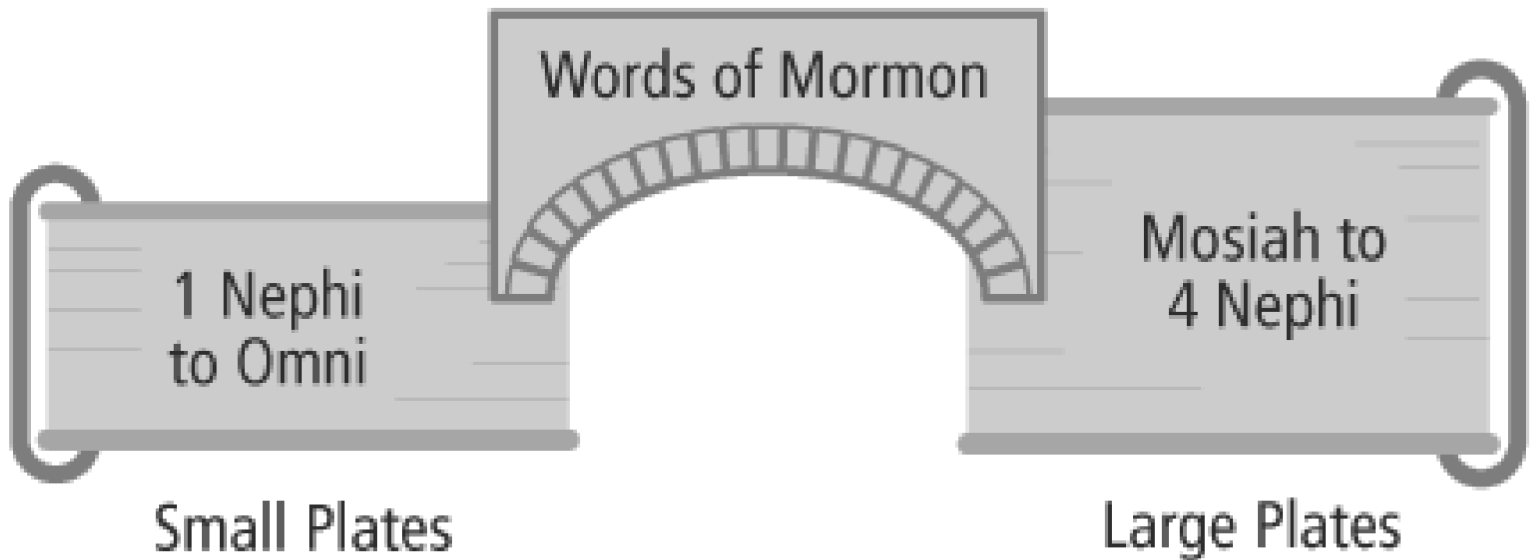
(where Lehi's group originally settled;
primary residence of the Lamanites)

West Sea

WORDS OF MORMON

The words of Mormon are like a bridge between the small plates (which are word-for-word), and the large plates (which he summarized). What is on each of them?

(1 Nephi 9:3, 5)



Why was Mormon pleased when he found the small plates? Why did he include them?

(Words of Mormon 1:1-7)

These are the 116 pages Martin Harris lost.
How does this show the Lord's omnipotence?

(D&C 10:10, 41-43)

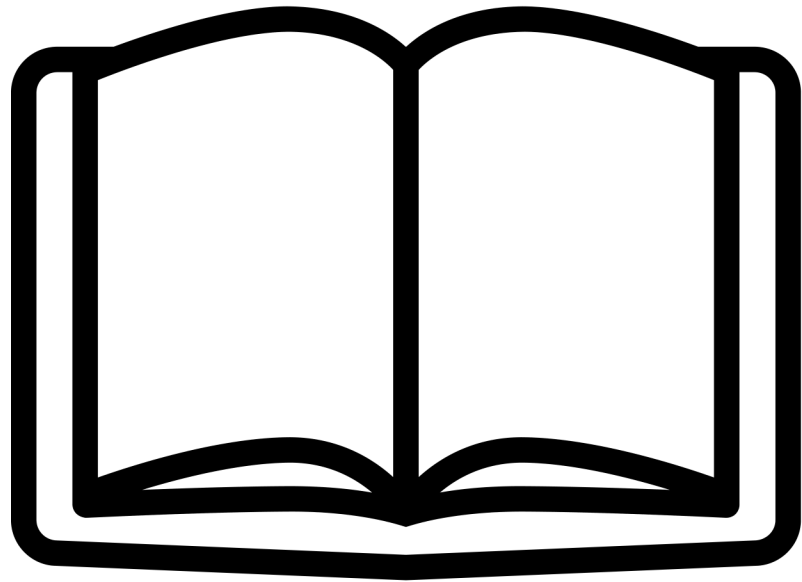
What kind of leader was King Benjamin?

(Words of Mormon 1:12-18)

MOSIAH 1

Why were the scriptures important for King Benjamin to teach his sons?
(Mosiah 1:3-5)

What are the blessings the Nephites would have lost if they hadn't had the scriptures?
(Mosiah 1:1-8)



What are the consequences for those who turn away from the Lord?
(Mosiah 1:13-17)

What do we learn about Mosiah in this verse?
(Mosiah 1:18)

MOSIAH 2

What do we learn about King Benjamin's character in these verses?
(Mosiah 2:11-15)



What do these verses teach us about service?
(Mosiah 2:16-17)

How has the Lord blessed you? How can you show your gratitude to Him?
(Mosiah 2:19-24, 34)

What is the key to living "happily ever after"?
(Mosiah 2:40-41)

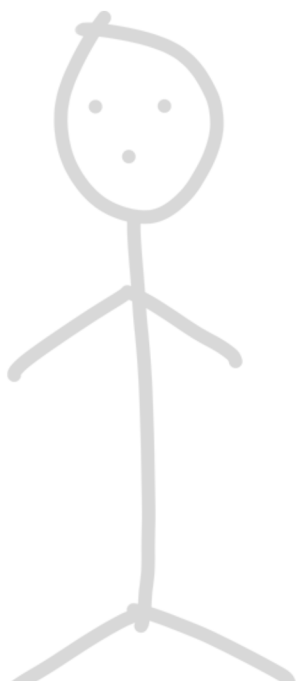
MOSIAH 3

What glad tidings of great joy can be found in this chapter?
(Mosiah 3:3)

What words or phrases help you better appreciate the Savior's mortal ministry?
(Mosiah 3:5-10)

What is the "natural man"?
(Mosiah 3:19)

How can you overcome the natural man?
(Mosiah 3:11-27)



MOSIAH 4

How can you know if you have been forgiven
of a particular sin?
(Mosiah 4:1-8)

What must you do to receive salvation?
(Mosiah 4:4-8)

What must you believe and do to retain a
remission of your sins?
(Mosiah 4:9-11, 26, 28, 30)

What is the relationship between your
thoughts, your words, and your deeds?
(Mosiah 4:30)

BELIEVE

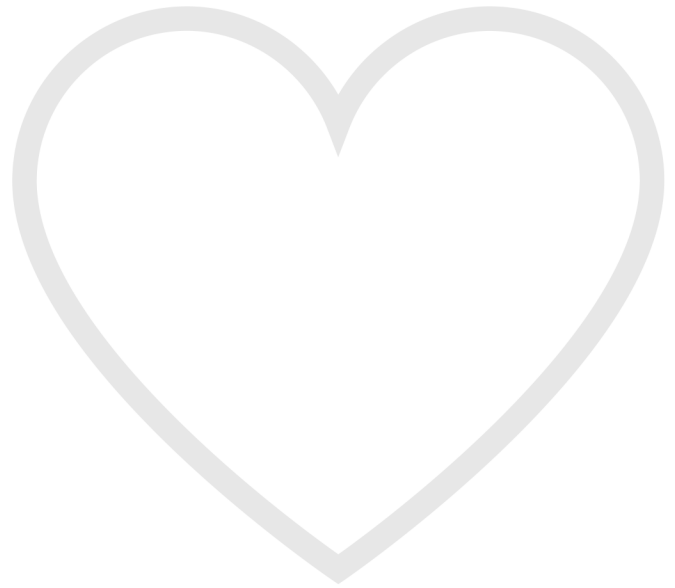
DO



MOSIAH 5

What do you think it means to experience a
“mighty change” in your heart?
(Mosiah 5:1-4)

What did the people do that allowed a mighty
change of heart to occur within them?
(Mosiah 5:2, 4)



What phrases remind you of the promises you
renew each time you take the sacrament?
(Mosiah 5:5-15)

How do you think making and keeping
covenants help you maintain a mighty
“change of heart”?
(Mosiah 5:5-15)



MOSIAH 6

What did King Benjamin do before he dismissed the multitude?
(Mosiah 6:3)

What do your leaders do to help you remember the covenants you've made?
(Mosiah 6:3)

What did King Mosiah do to be a righteous leader like his father was?
(Mosiah 6:6-7)

Why do you think there was no contention among the people?
(Mosiah 6:7)



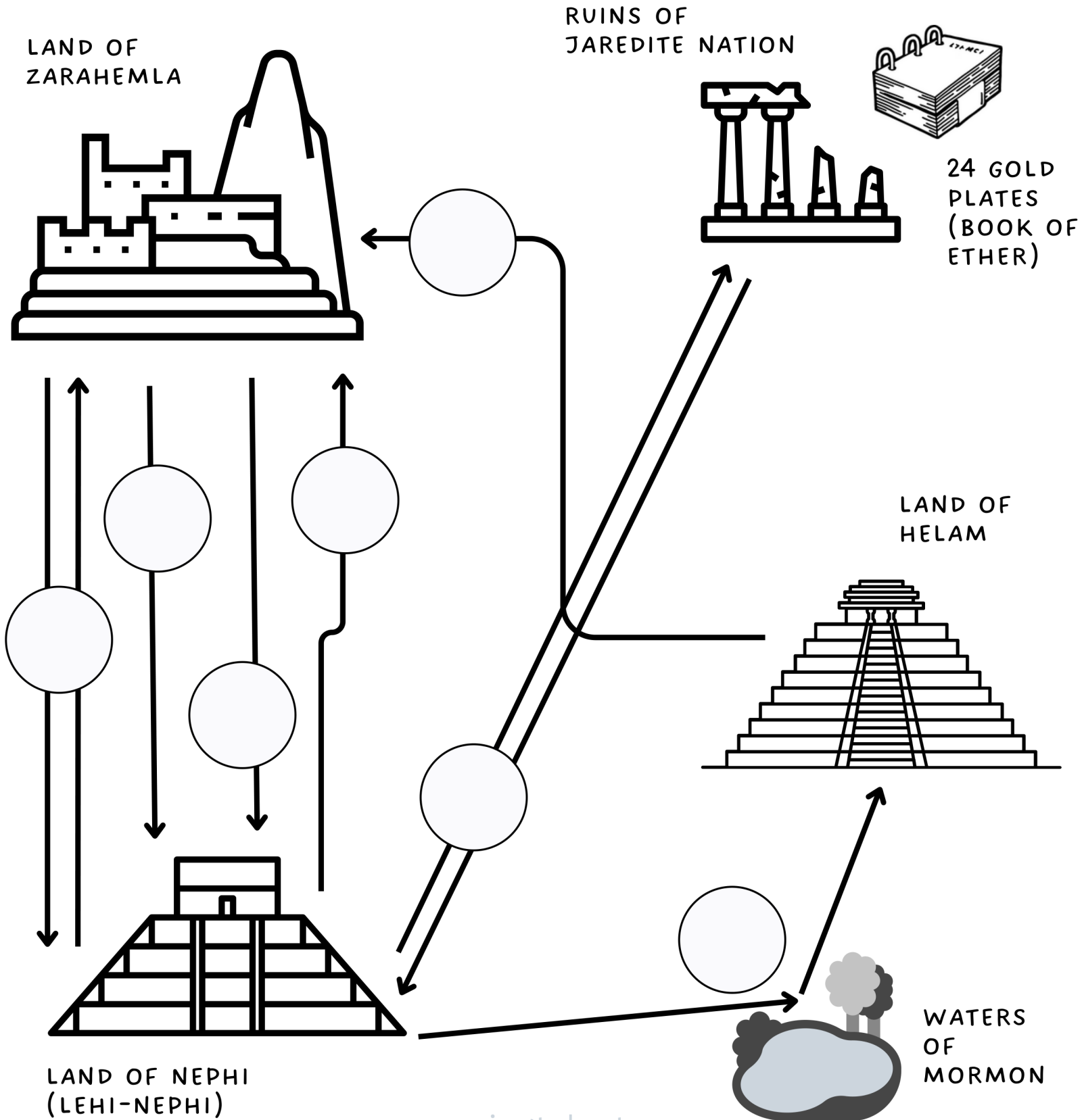
MOSIAH 7-24

Over the following chapters, there will be 7 journeys described. Read about each journey, then place the journey's number in the appropriate circle on the map.

Journey	Who Traveled Where
1	Zeniff and other Nephites traveled from Zarahemla to the land of Nephi, which had become occupied by Lamanites. These Nephites fought among themselves, and the survivors returned to Zarahemla (see Omni 1:27-28; Mosiah 9:1-2).
2	Zeniff and others left Zarahemla and settled in the land of Nephi (see Omni 1:29-30; Mosiah 9:3-7).
After Zeniff died, his son Noah reigned in wickedness. The Lord sent the prophet Abinadi to warn the people to repent. Alma, one of King Noah's priests, obeyed Abinadi's message and taught it to others (see Mosiah 11-18).	
3	Alma escaped to the Waters of Mormon and later led a group of believers to the land of Helam (see Mosiah 18:4-5, 32-35; 23:1-5, 19-20).
The Lamanites attacked Noah's people in the land of Nephi. Noah was later killed, and his son Limhi reigned. The people of Limhi were in bondage to the Lamanites (see Mosiah 19-20).	
4	Limhi sent a group of Nephites to find Zarahemla. After becoming lost in the wilderness, the group discovered the ruins of a destroyed nation and a record written on 24 gold plates (see Mosiah 8:7-9; 21:25-27).
5	Ammon and 15 others journeyed from Zarahemla to find those who had returned to the land of Nephi (see Mosiah 7:1-6; 21:22-24).
6	Limhi and his people escaped from the Lamanites and were led by Ammon and his brethren to Zarahemla (see Mosiah 22:10-13).
After Limhi's people escaped, the Lamanites sent an army after them. The army was lost in the wilderness when they discovered Alma and his people in the land of Helam. The Lamanites brought them into bondage. Alma's people prayed for help to escape (see Mosiah 22-24).	
7	The Lord delivered Alma and his people and guided them to Zarahemla (see Mosiah 24:20-25).

MOSIAH 7-24

Over the following chapters, there will be 7 journeys described. Read about each journey, then place the journey's number in the appropriate circle on the map.



MOSIAH 7

80 years before Mosiah 7, Zeniff led people out of Zarahemla. Ammon wanted to learn what happened to those people. How did King Limhi, Zeniff's grandson, react?
(Mosiah 7:12-15)

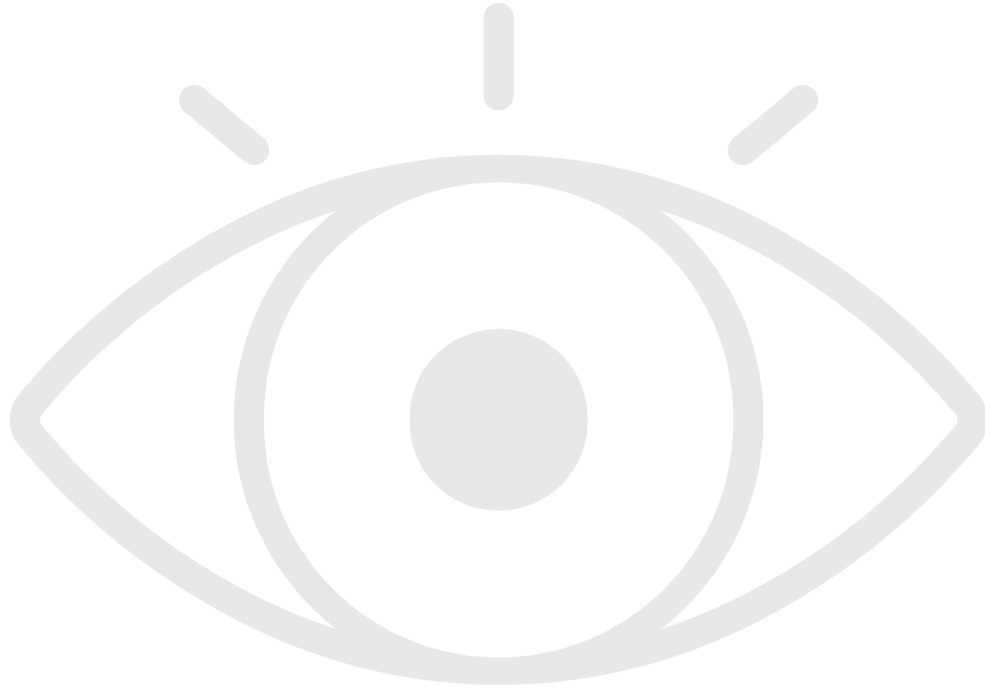
King Limhi had sent people to try to find Zarahemla to get help. What did they find instead of Zarahemla?
(skip ahead to Mosiah 21:25-26)

Why were Limhi's people taken into bondage?
(Note: the prophet mentioned is Abinadi..)
How are consequences of sin a blessing?
(Mosiah 7:20, 24-26, 29-32)

How can you turn to the Lord?
(Mosiah 7:33)

MOSIAH 8

What do seers, prophets and revelators do?
(Mosiah 8:8-18)



Why do you think it is wise to listen to those
who can see things that you cannot?

What are some of the ways you can learn
from modern prophets, seers, and revelators?

MOSIAH 9

What did Zeniff want? What did he do to get it?
(Mosiah 9:1-4)

What happened because Zeniff wanted
something too badly?
(Mosiah 9:5-7, 10)

What are some modern examples of what
some people might be overzealous to attain?

What do you learn in these verses about
trusting the Lord?
(Mosiah 9:17-18)

MOSIAH 10

Fill out the chart to compare the Nephites with the Lamanites with their battles,

	What did the people do to prepare?	What did they do to put their trust in the Lord?	What was the result?
Zeniff and his people	Mosiah 9:14-16	Mosiah 9:17	Mosiah 9:18
The Lamanites	Mosiah 10:6-8	Mosiah 10:11	Mosiah 10:19-20

Why did the Lamanites hate the Nephites so much? Who did it hurt because they chose to hold onto their anger?
(Mosiah 10:11-18)

Think of a time when you had feelings of being wronged or of anger toward someone. How is that like the Lamanites? What will happen?

MOSIAH 11

What did Noah seek and what were his actions after becoming king?
(Mosiah 11:1-2, 5-7, 14-19)

What influence did King Noah's actions have on the people?
(Mosiah 11:2, 6-7, 15, 19)

What did the Lord do to help Noah's people?
(Mosiah 11:20)

How you would respond to these situations?

If your parent, guardian, or leader said some of your friends were having a bad influence on you?

If one of your parents or a Church leader asked you to dress more appropriately for Sunday worship services and other Church activities?

If the prophet said that you needed to change your entertainment standards?

MOSIAH 12

The Lord sent Abinadi two different times to warn Noah's people. Fill out the following chart.

	Abinadi's Message	The People's Reaction
First Warning	Mosiah 11:20-25	Mosiah 11:26-29
Second Warning	Mosiah 12:1-8	Mosiah 12:9-10, 13-17

Tate yourself on a scale of 1 to 10 (10 being in full agreement) on how well the following statements describe you right now.



I know what I should be doing to live the gospel of Jesus Christ.



I live the gospel of Jesus Christ.

Why did Abinadi rebuke Noah and the priests? (Mosiah 12:25-30)

MOSIAH 13

The statements below may indicate how well the Ten Commandments are written in your heart. Mark how often these statements are true for you.

	Almost never	Some of the time	Much of the time	Almost always
I love my Heavenly Father.				
I put God first in my life (before friends, hobbies, possessions, my own desires, and other things).				
I speak the Lord's name with reverence.				
I keep the Sabbath day holy by participating in activities that draw me closer to the Lord; I recognize it as His day, not mine.				
I honor my parents by being obedient and respectful.				
I control my anger and do not act violently toward others.				
I am sexually pure. I avoid lustful images, language, and actions.				
I refrain from stealing and cheating.				
I tell the truth.				
I avoid coveting (which means to inappropriately desire something that belongs to someone else).				

MOSIAH 14

What did Jesus Christ do in mortality to help
you return home to Heavenly Father?
(Mosiah 14:1-12)



How would you explain what these verses
teach about Jesus Christ to a friend?
(Mosiah 14:4-5)

How do you feel about the Savior?
(Mosiah 14:1-12)

MOSIAH 15

Use a dictionary to find definitions for redeem, intercession, and betwixt.
(Mosiah 15:1, 7-9)

REDEEM

INTERCESSION

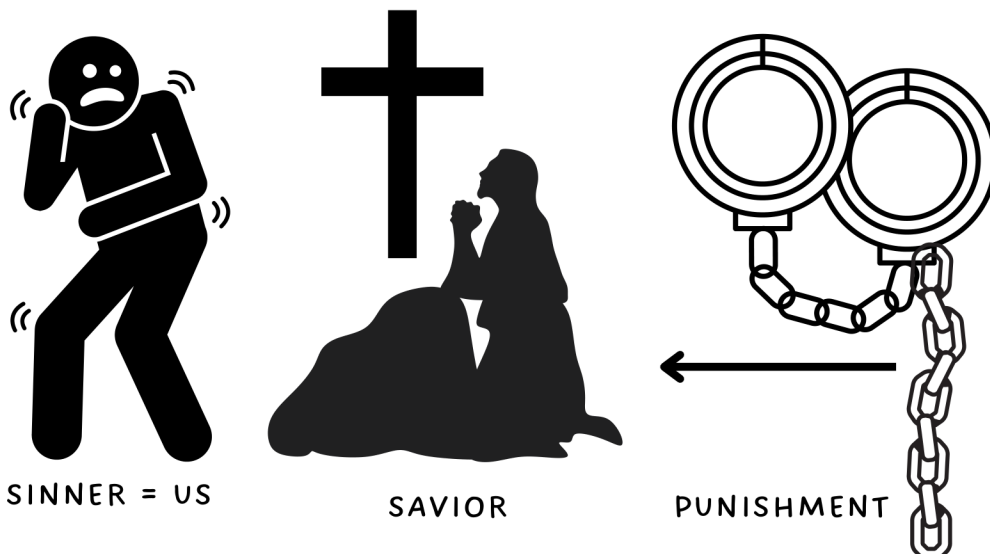
BETWIXT

Imagine you have broken a law and have been sentenced to the harshest penalty the law allows. Perhaps the punishment includes large fines, time in prison, or even death. How might you feel facing such penalties?

We have all broken the laws of God at some time and must meet the demands of justice. The demands of justice require each sinner to receive the punishment connected to the sin.

It is important to understand that the Savior does not erase the demands of justice but stands between justice and us. If we repent, He satisfies justice's demands by taking the punishment in our behalf.

How is the Savior the Redeemer or Mediator?



MOSIAH 16

Fill out the chart with the characteristics of people who will and will not be redeemed.

Mosiah 15:11-12; 16:13

THOSE WHO CHOOSE TO BE REDEEMED

Mosiah 15:26-27; 16:2-5, 12

THOSE WHO REFUSE TO BE REDEEMED

Give examples of the "will" of the Savior and those who follow Him versus the "will" of those who choose evil.

WILL OF JESUS CHRIST Mosiah 15:7

WILL OF THE EVIL Mosiah 16:12

MOSIAH 17

Have you ever witnessed someone stand up for what was right when it was difficult for him or her to do so? What was the outcome?
(Mosiah 17:1-4)

Which of Abinadi's last words impressed you the most?
(Mosiah 17:7-10)

How does Abinadi's example help inspire you to be true to God in all circumstances?
(Mosiah 17:7-10)

Complete the following sentence.
(Mosiah 17:20)

I NEED TO BE TRUE TO GOD WHEN...

MOSIAH 18

Fill out the chart about how the people prepare for, make, and live the covenants at baptism.
(Mosiah 18:1-7)

PREPARE FOR	MAKE	LIVE
Mosiah 18:1-7	Mosiah 18:8-16	Mosiah 18:17-30

What promises do we make to God at baptism? What does God promise us?
(Mosiah 18:8-11)

How did the Lord keep the righteous people safe from King Noah?
(Mosiah 18:31-35)

MOSIAH 19

Fill out the following chart.

Prophecy about King Noah's people (Mosiah 12:1-2)	Fulfillment (Mosiah 19:10, 14-15; 20:20-21; 21:3-4, 8, 10-13)
Prophecy about King Noah (Mosiah 12:3)	Fulfillment (Mosiah 19:18-20)
How do you think you might have felt and what you might have done if you had heard Abinadi's warnings?	What have you learned about the consequences of rejecting a prophet's words of warning?

MOSIAH 20

Number the following 11 events in the order in which they occur in the scriptures.
(Mosiah 19-20)

- _____ Gideon seeks to kill King Noah.
- _____ Nephite women and children plead with the Lamanites not to slay them.
- _____ King Noah suffers death by fire.
- _____ The Lamanite army comes into the borders of Shemlon.
- _____ Priests of King Noah abduct (kidnap) 24 daughters of the Lamanites.
- _____ The Lamanite king pleads with his army to spare the people of Limhi.
- _____ Some of Noah's people flee before the Lamanites, leaving the women and children behind.
- _____ Limhi orders his people not to slay the Lamanite king.
- _____ There is peace between the Nephites and Lamanites for two years.
- _____ Limhi promises that his people will pay one-half of their possessions to the Lamanites.
- _____ The Nephites repel a Lamanite attack and capture the Lamanite king.

What happens to those who do not listen to the warnings of the Lord's servants?
(Mosiah 20:21)

How could following counsel from the Lord's servants on topics such as strengthening families, living the law of chastity, or obeying the Word of Wisdom help individuals and families avoid some of the suffering and sorrow they experience?

MOSIAH 21

Fill out the chart.

	Limhi's people	Alma's people
How did they come into bondage?	(Mosiah 20:21-22; 21:1-4)	(Mosiah 23:1-4, 19-20, 25-38; 24:8-9)
How were they delivered?	(Mosiah 22:1-9, 13-14)	(Mosiah 24:17)

Have you ever felt that the Lord helped you
get through a trial a little at a time?
(Mosiah 21:16)

How do you think the attitude of the people
contributed to their eventual deliverance?
(Mosiah 21:30-33)

MOSIAH 22-24

What do these verses teach about seeking and receiving deliverance?
(Mosiah 22:1-2)

How did the Lord show He will try our patience and faith to help us increase our trust in Him?
(Mosiah 23:21-22)

What do you think would have been the hardest trial to endure if you were among Alma's people during the events recorded in Mosiah 23-24?

What can you learn from the way Alma and his people responded to their trials?
(Mosiah 24:1-12, 15-16)

MOSIAH 25

For each of the four verses in Mosiah 25:8–11, record the people’s response when they heard the account of their brethren.

MOSIAH 25:8

MOSIAH 25:9

MOSIAH 25:10

MOSIAH 25:11

Have you had an experience where learning of God’s goodness to others helped you feel joy or gratitude?

Why do you think Alma’s words would have been important for the people to hear after they heard the history of Zeniff’s people?
(Mosiah 25:14–16)

In what ways did the Nephite Church resemble the Church today?
(Mosiah 25:16–22)

MOSIAH 26

Fill out the chart.

Mosiah 26:1-2	What three things did many of the rising generation not believe?
Mosiah 26:3	How can reading the scriptures or listening to prophets with an attitude of unbelief affect us?
Mosiah 26:4	What was one of the main reasons these people did not have faith in the Savior and join the Church?
Write one principle you learned from studying these verses:	

Why it is important to know that priesthood leaders seek and receive the Lord's guidance when helping those who have sinned?
(Mosiah 26:7-14)

In your own words, write a principle that you discovered in Mosiah 26:21-31

MOSIAH 27

Why did the angel come to Alma the Younger and the sons of Mosiah?
(Mosiah 27:11-14)

When have you felt that your prayers made a difference in someone's life?
(Mosiah 27:14)



How did Alma the Younger change after his vision with the angel?
(Mosiah 27:23-24, 28-30)

What did Alma and the sons of Mosiah do to make restitution for their sins?
(Mosiah 27:32-37)

BEFORE

AFTER

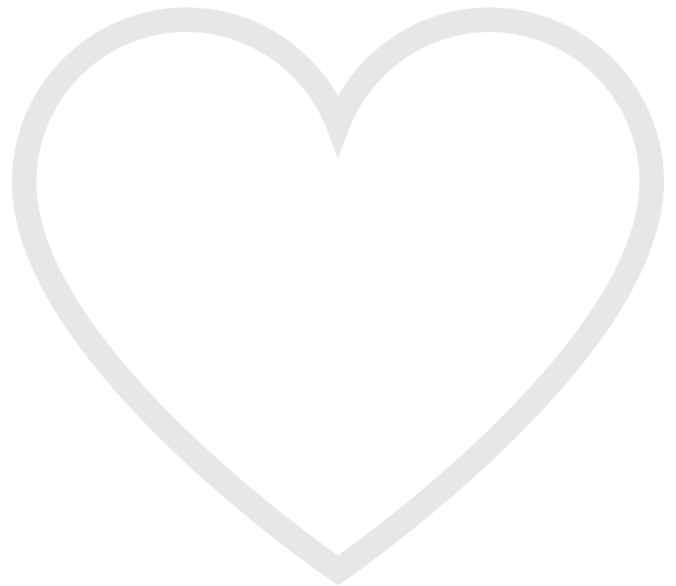
MOSIAH 28

How did the conversion of the sons of Mosiah influence their desire to share the gospel?
(Mosiah 28:1-4)

How would you feel if someone you loved wanted to go live among a violent people who hated those who were not like them?
(Mosiah 28:5-9)

If you had to pick someone to care for sacred records, what characteristics would you want that person to have?
(Mosiah 28:11-19)

What does King Mosiah's decision teaches you about Alma's change of heart?
(Mosiah 28:20)



MOSIAH 29

Under what circumstances or conditions is a monarchy (being governed by a king or queen) a good form of government?
(Mosiah 29:13, 16-18)



What was the people's role in the new government formed by King Mosiah?
(Mosiah 29:26, 30, 33-34, 37-38)

Who was the first chief judge? What kind of judge was he?
(Mosiah 29:41-43)

What is one way you can support righteous laws and leaders in your country?

ALMA 1

What did Nehor teach? How did the Nephites respond to him?
(Alma 1:2-6)

What are the characteristics of priestcraft?
(Alma 1:16; 2 Nephi 26:29)

Fill out the chart.

Alma 1:21-24	Alma 1:25, 27-31
How did some members respond to the persecutions?	How did other members of the Church live despite the persecution?
What were the consequences of their actions?	What blessings did they receive?

ALMA 2

How was Amlici similar to Nehor? How were they different?
(Alma 2)

What was Amlici's primary goal?
(Alma 2:4)

How did the Lord strengthen the Nephites?
(Alma 2:18, 28-31, 36)

Think of a time the Lord strengthened you
during difficult times.



ALMA 3

How did the Amlicites change their appearance? Why?
(Alma 3:4)

Those who come out in open rebellion against God bring a curse upon themselves. What do you learn about these people?
(Alma 3:18-19)

In contrast to the Amlicites, what can you do in your life now to make sure that you do not cut yourself off from God?
(Alma 3:18-19)

Fill in the blank.
(Alma 3:26-27)

**WE RECEIVE HAPPINESS OR
MISERY DEPENDING ON....**

ALMA 4

What were the results of the war with the
Amlicites and Lamanites?
(Alma 4:3-4)

What were some of the wicked actions that
occurred because of the pride among Church
members?
(Alma 4:8-12)

What did Alma desire to do to help is people?
What was his teaching like? What does
"bearing down in pure testimony" mean?
(Alma 4:19)

Imagine someone giving up a prominent
political position, such as being the president
of a country, in order to serve a mission.
Could you do that?

ALMA 5

Make a list of all the questions you find in this chapter.
Set a goal to ask them to yourself on a regular basis.

ALMA 5-6

The people of Zarahemla needed a change of heart. What makes changes of heart possible?
(Alma 5:11-13)

Why is shepherd a good symbol of the Savior?
(Alma 5:37-42, 53-62)

Complete the following sentence.

I ATTEND CHURCH BECAUSE....

How does the Church provide opportunities for people to grow?
(Alma 6:5-6)

ALMA 7

What was the spiritual condition of the people of Gideon? What did Alma the Younger hope? (Alma 7:3-6, 17-19)

What does it mean that Jesus Christ took each of these conditions upon Himself? (Alma 7:11-13)

PAINS

AFFLICTIONS

TEMPTATIONS

SICKNESSES

DEATH

INFIRMITIES

SINS

Along the path of mortality, write what you should DO and what you should be that will lead you to God's kingdom. (Alma 7:14-16, 7:22-25)

**KINGDOM
OF GOD**

MORTALITY

ALMA 8

After Alma taught the gospel in Zarahemla and Gideon, he went to Melek. How did they receive him?
(Alma 8:4-5)

After Alma finished teaching in Melek, he traveled to Ammonihah to preach. How did they treat him?
(Alma 8:8-13)



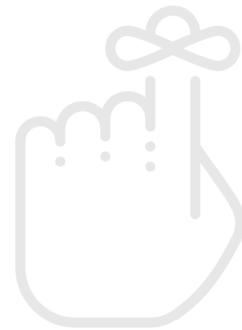
Why might it have been difficult for Alma to return to Ammonihah? What did he do?
(Alma 8:14-18)

How did the Lord help Alma do what he had been commanded to do?
(Alma 8:30-31)

ALMA 9

How do you think the people of Ammonihah would have been different if they had remembered the things Alma spoke of?
(Alma 9:8-10, 13)

Write about one spiritual experience that you do not want to forget.



Why would things be worse for the Nephites than for the Lamanites?
(Alma 9:14-20)

What do these words and phrases teach you about the Savior?
(Alma 9:26-27)

ALMA 10

What do you think the phrases “I would not hear” and “I would not know” indicate about Amulek’s spiritual condition before the angel came to him?
(Alma 10:6)

How were Amulek and others blessed because Amulek obeyed the angel?
(Alma 10:7-12)

What do these verses teach you about the importance of being righteous even when those around you are not?
(Alma 10:22-23)

When have you felt you were blessed because you obeyed a “call” from the Lord?



ALMA 11

How much money did Zeezrom offer Amulek?
What would be its equivalent today based on
what your household income is?
(Alma 11:3, 21-22)



How did Amulek respond to this offer? How
was he able to resist temptation?
(Alma 11:22-25)

How did Amulek respond when Zeezrom
attacked his beliefs and twisted his words?
(Alma 11:26-34)

What do these verses teach about
resurrection and judgment?
(Alma 11:41-45)

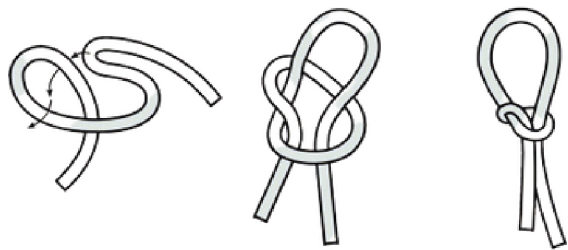
RESURRECTION	JUDGMENT

ALMA 12

How does Alma describe Zeezrom's tactics?
How are they like a snare?
(Alma 12:1-7)

What is the relationship between the condition
of our hearts and receiving spiritual truths?
(Alma 12:10-11)

A SNARE IS A TRAP THAT TIGHTENS:



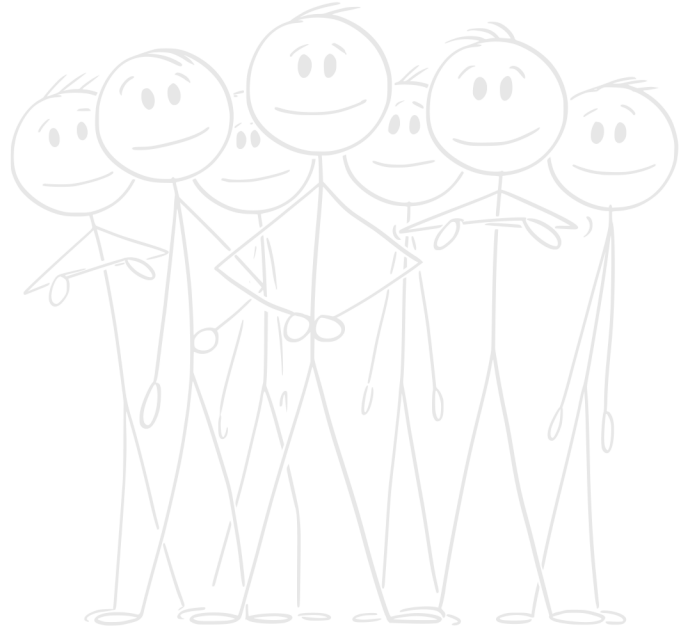
What does Alma teach Antionah about the Plan of Salvation?

EFFECTS OF THE FALL (ALMA 12:22, 24)	WHAT GOD DID TO BRING ABOUT OUR REDEMPTION (ALMA 12:24-25, 28-33)	WHAT WE MUST DO TO BE REDEEMED (ALMA 12:24, 30, 34, 37)

ALMA 13

What is the connection between choices made during premortal life and foreordination? How do choices made during mortal life affect foreordination?
(Alma 13:1-12)

What characteristics did those ordained to the Melchizedek Priesthood have?
(Alma 13:2-6, 10)



How did Alma describe Melchizedek and what Melchizedek did for his people?
(Alma 13:13-18)

What is the "rest of the Lord"? How can we enter into His rest?
(Alma 13:21-31)

ALMA 14

Read Alma 14:1-10, looking for who suffered and how they suffered. Then complete the following chart:

WHO SUFFERED?	HOW DID THEY SUFFER?

Why does the Lord allow bad things to happen to good people?
(Alma 14:11)

How does Alma and Amulek's faith help them as they continued to suffer at the hands of the wicked leaders in Ammonihah?
(Alma 14:12-29)

ALMA 15

What caused Zeezrom's illness? What did Zeezrom do to obtain relief and peace?
(Alma 15:3-5)

Zeezrom caused the deaths of the righteous. How did Alma respond to his plea for help?
(Alma 15:6-10)

What evidence do you find that Zeezrom repented and received the Lord's mercy?
(Alma 15:11-12)

How did Amulek's faith heal and strengthen Zeezrom?
(Alma 15:16, 18)

ALMA 16

What happened to the city of Ammonihah?
(Alma 16:3, 9-11)



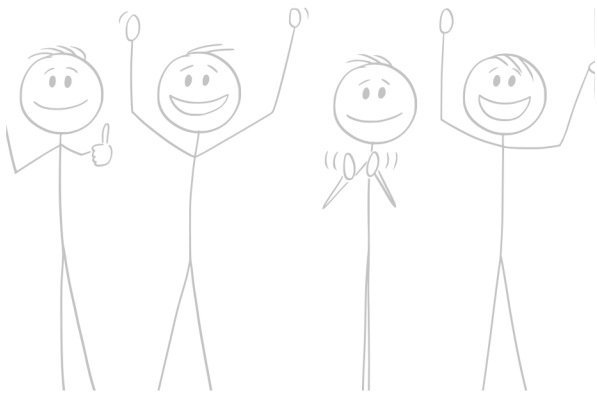
What did the leader of the Nephite armies do
first before going to war?
(Alma 16:5)

Who did Alma and Amulek preach to? What
did they preach?
(Alma 16:13-15, 18-19)

How did the Nephites gain victory over Satan?
(Alma 16:21)

ALMA 17

What did the sons of Mosiah do to prepare to be effective missionaries? What were the results of their preparation?
(Alma 17:2-4)



What can you do to prepare to be an instrument in the Lord's hands?
(Alma 17:11)

In what ways are you asked to be an example when surrounded by unbelievers?
(Alma 17:12-16)

How can service help other people be more receptive to the gospel?
(Alma 17:19-39)

ALMA 18

What effect did Ammon's service with the sheep have on King Lamoni?
(Alma 18:12-15)



How did the Lord guide Ammon's teachings?
(Alma 18:16-21)

What gospel truths did Ammon teach Lamoni?
(Alma 18:22-32)

Why do you think the Atonement would be particularly important for King Lamoni to understand?
(Alma 18:36-43)

ALMA 19

Ammon's testimony was like a rock being dropped in a pond and rippling outwards. Use the verses to discover who was affected by his testimony and label each of the boxes..

ALMA 19:1, 6

1ST

AMMON

ALMA 19:7-10

2ND

ALMA 19:15

3RD

ALMA 19:16-17

4TH

ALMA 19:30-36

5TH

ALMA 20

What happened when Lamoni wanted to introduce Ammon to his father?
(Alma 20:1-7)

How did Ammon's love for Lamoni affect King Lamoni's father?
(Alma 20:26-27)

Fill out the chart.

Alma 20:8-13	If you had been in Ammon's position and someone falsely accused you of lying and robbing, how would you have felt?
Alma 20:14-16	What impresses you about Lamoni's response to his father?
Alma 20:17-25	How did Ammon respond to the anger of Lamoni's father? How did Ammon demonstrate love for Lamoni?

ALMA 21

While Ammon was teaching King Lamoni and his people, Aaron and his companions experienced tremendous adversity. Fill out the chart about how they handled their adversities.

Challenge or Difficulty	How Aaron and His Companions Responded
Alma 21:3	Alma 21:4
Alma 21:5-6, 8	Alma 21:7, 9
Alma 21:10-11	Alma 21:11-12
Alma 21:13-14	Alma 21:15

Why do you think it would have been easy for them to become discouraged, give up hope, and go back home? How can this story help you as a member missionary?

How did the Lord help Aaron and his brethren do His work as they persisted with faith?
(Alma 21:16-17)

ALMA 22

What truths did Aaron teach Lamoni's father?
(Alma 22:7-14)

Why did the king need to believe in God and
the Fall in order to understand repentance?
(Alma 22:7-14)

What was King Lamoni's father willing to give
up in order to receive joy and eternal life?
(Alma 22:15)

What did King Lamoni's father do because of
his change of heart and the Holy Ghost?
(Alma 22:23-27)



ALMA 23

Look for words or phrases that describe these two different types of people. Write these words or phrases under the appropriate picture.

(Alma 23-24)

FAITHFUL



INCONSISTENT



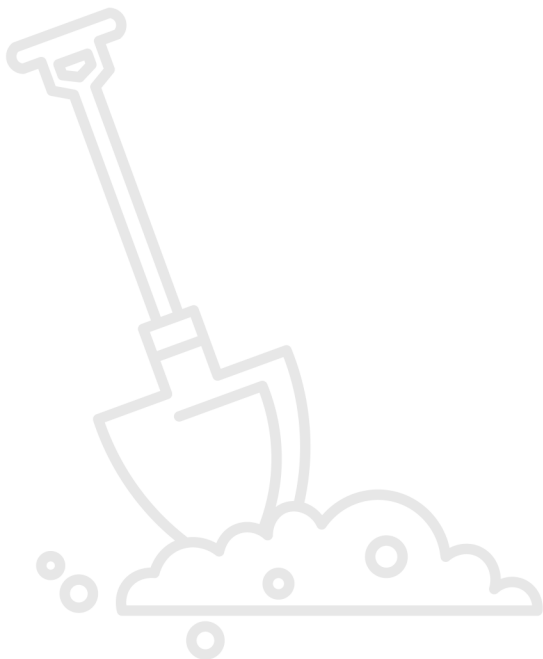
ALMA 24

What does it mean to forsake our sins when we repent?
(Alma 24:7-14)

How did the Anti-Nephi-Lehis show they had forsaken their sins?
(Alma 24:15-18)

What do you need to “bury” in your life so that you are not tempted to commit sins you have repented of?

What did the Anti-Nephi-Lehies do when the Lamanites came to battle against them?
(Alma 24:19-22)



ALMA 25

What happened to the Abinadi's prophesy about the descendants of the priests of Noah?
(Alma 25:9-12)

What did the Lamanites do as they converted to the gospel of Jesus Christ?
(Alma 25:14)

What are the two reasons why the Nephites and Lamanites followed the Law of Moses?
(Alma 25:15)

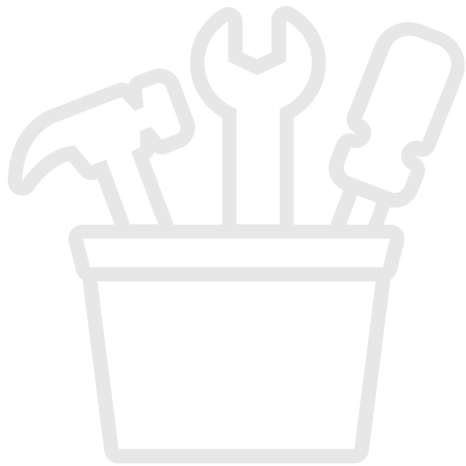
How did the sons of Mosiah feel about the results of their missionary work?
(Alma 25:17)

1

2

ALMA 26

What did the Lord accomplish because Ammon and his brethren were willing to be tools in the Lord's hands?
(Alma 26:1-5, 12-13)



What is the result when you faithfully serve the Lord?
(Alma 26:11, 13, 16)

What are the requirements to know the mysteries of God?
(Alma 26:22-23, 26-29)

What difference does it make to know that God is mindful of you?
(Alma 26:35-37)

ALMA 27

How did the Anti-Nephi-Lehis keep their promise to the Lord?
(Alma 27:2-3, 8)

The Anti-Nephi-Lehis were refugees. How did the Nephites receive their former enemies?
(Alma 27:14, 21-24)

What did the people of Ammon become known for?
(Alma 27:27-30)

What experiences have you had when it was difficult for you to keep your covenants with the Lord, but you still kept them?

ALMA 28

Imagine you are a reporter. Write a headline that summarizes what happened.
(Alma 28:1-6, 11-14)



What do you learn from Alma 28:11-12?

What three points does Mormon emphasize as he concludes the account of the mission of the sons of Mosiah to the Lamanites?
(Alma 28:13-14)

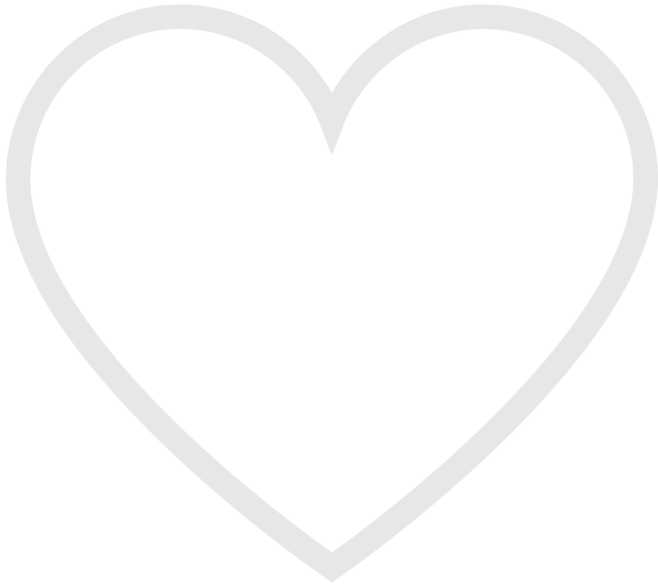
AND THUS WE SEE.....

AND THUS WE SEE.....

AND THUS WE SEE.....

ALMA 29

What was the desire of Alma's heart?
(Alma 29:1-3)



What does the Lord give to those who have
righteous desires?
(Alma 29:4-5)

What was Alma's reward for bringing souls
unto Christ?
(Alma 29:10, 14-16)

How can you help individuals make needed
changes in their lives and come unto Christ?

ALMA 30

Look up "Antichrist" in the Bible Dictionary.
How was Korihor an antiChrist?
(Read Alma 30:6, 12)

How does Alma prove that there IS a God?
(Alma 30:37-45)

How can Korihor's teachings be interpreted today? What are the true doctrines?

False Teachings of Korihor	Fales Interpretations	True Doctrines
Alma 30:13-14		
Alma 30:15		
Alma 30:16		
Alma 30:17		
Alma 30:18		

ALMA 31

What is the most effective way to help the behavior of someone who has gone astray?
(Alma 31:5)

What did the Zoramites stop doing that caused them to fall into temptation?
(Alma 31:8-11)

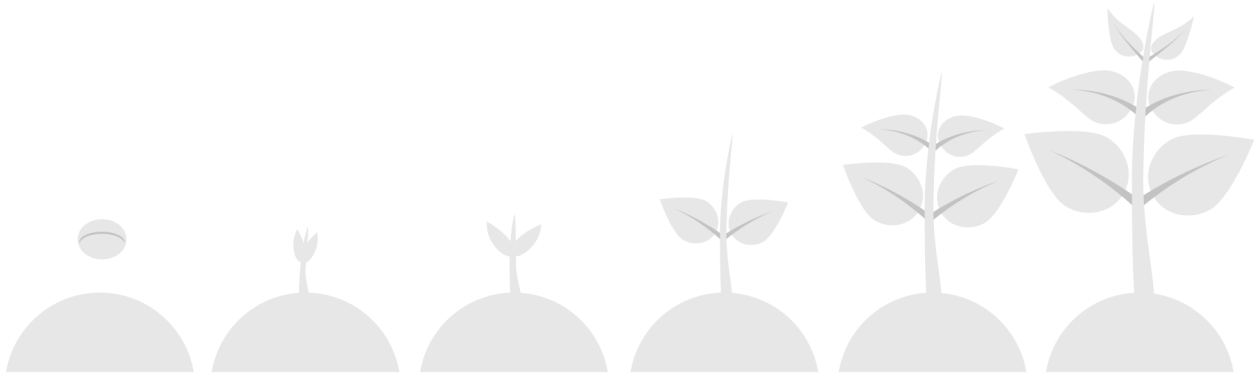
How were the Zoramites worshipping?
(Alma 31:12-23)

How was Alma's prayer different from the prayers of the Zoramites?
(Alma 31:30-35)



ALMA 32

As you read this chapter, make a list of things you can do to receive and strengthen a testimony.



How was poverty a blessing for the people?
(Alma 32:4-16)

What is a false idea many people had about
the definition of testimonies?
(Alma 32:17-18)

ALMA 33

When did Zenos pray and what did he pray about? Compare to your own circumstances.
(Alma 33:4-11)

What blessings do we have in our lives because of the Son of God?
(Alma 33:12-16)

Zenos's Circumstances	Your Circumstances
In the wilderness	
Concerning his enemies	
In his field	
In his house	
In his closet	
In the Lord's congregations	
When he was cast out and despised	
In all his afflictions	

What are some examples in your life of refusing to look to the Savior?
(Alma 33:19-20)

ALMA 34

What would your life be like if the Savior
hadn't fulfilled the Atonement?
(Alma 34:8-9)

In what ways can the Atonement of Jesus
Christ be infinite and eternal?
(Alma 34:10-14)

When should you pray to God? What should
you pray about?
(Alma 34:17-27)

In what ways do you procrastinate your
repentance? Why shouldn't you wait?
(Alma 34:30-35)



ALMA 35

What did the leaders of the Zoramites do
after Alma, Amulek, and his brethren had left?
(Alma 35:1-5)

What happened to the believers?
(Alma 35:6)

What did the Zoramites decide to do after all
of the believers were gone?
(Alma 35:11)

When it became clear that it was time for war,
what did Alma do?
(Alma 35:16)

ALMA 36

Imagine yourself in Helaman's position as he listened to his father's testimony. What stands out to you?
(Alma 36:1-5)

How did Alma feel because of his sins? What did it lead him to do?
(Alma 36:11-22)

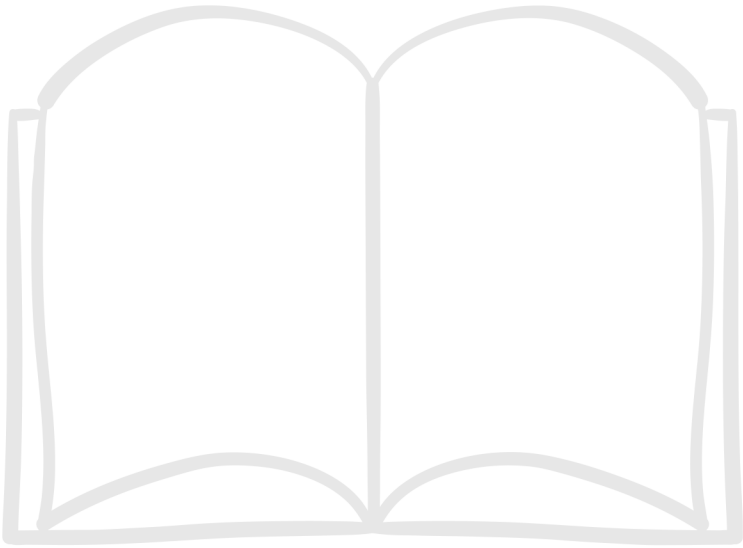
Why did Alma work so hard to preach repentance to others?
(Alma 36:23-30)

What can you learn about the Atonement from Alma's repentance story?



ALMA 37

What are two ways the scriptures have caused great things to happen in your life?
(Alma 37:6-7)



What do you learn about obedience in these verses?
(Alma 37:13-16)

A large empty rectangular box for writing answers.

What difference do you think it makes in people's lives if they learned to keep the commandments while young? How can prayer keep you on the straight path?
(Alma 37:35-37)

A large empty rectangular box for writing answers.

How is the Liahona like the words of Christ?
(Alma 37:38-45)



ALMA 38

How did Alma feel about Shiblon? Why? How do your actions affect the adults in your life?
(Alma 38:1-3)

Alma and Shiblon both experienced the Savior's power of deliverance. Complete the chart to compare the two men.
(Alma 38:4-9)

	Shiblon (Alma 38:2-5)	Alma (Alma 38:6-8)
What was he delivered from?		
How did he receive the blessing of deliverance?		

What are the qualities of a righteous leader?
(Alma 38:10-15)

Choose one of the qualities you listed and set goals on how to develop it.

ALMA 39

Do you think that some sins are more serious than other sins? Why or why not?
(Alma 39:1-6)

What is sexual purity and cleanliness?

What does Alma teach Corianton about what repentance is?
(Alma 39:9-14)

When a serious sin is committed, why is it necessary to seek a bishop's help?
(Alma 39:13)

REPENTANCE INCLUDES....

ALMA 40

What makes it possible for us to live again?
Who will be resurrected?
(Alma 40:1-5.)



Where do we go after we die? What is it like?
(Alma 40:6-7, 11-14)

What is the difference between mortal bodies
and resurrected bodies?
(Alma 40:21-26)

What happens after resurrection?
(Alma 40:25-26)

ALMA 41

Why is it impossible to be happy while making wrong choices?
(Alma 41:10-13)

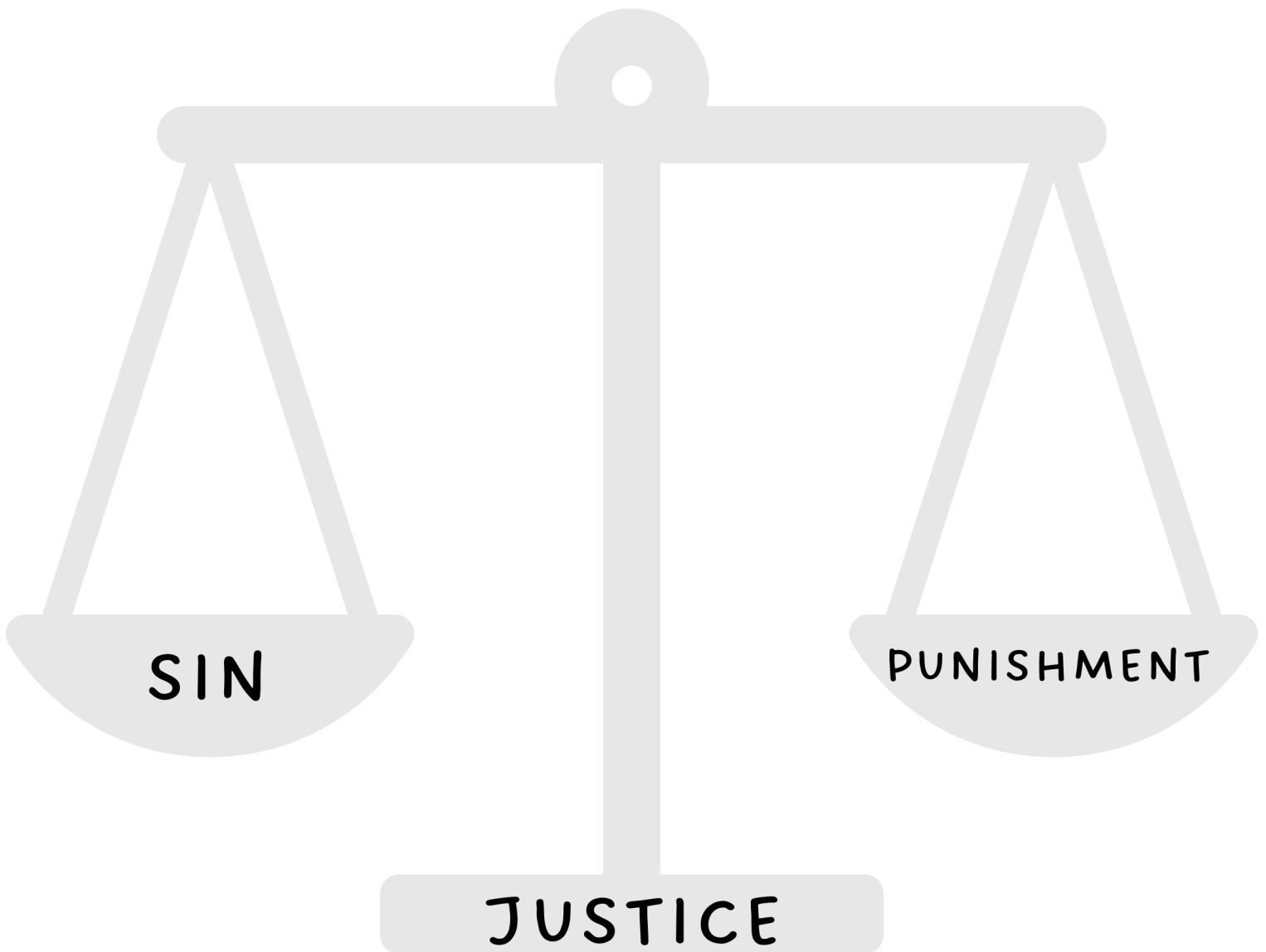
How does a boomerang symbolize the truths taught in these verses?
(Alma 41:14-15)



What are some examples of how Satan (and the world) might try to persuade you to believe that you can break God's commandments and still be happy?

ALMA 42

How are scales a good symbol of justice? How does the Atonement affect the scales?



Note: Corianton repented and ultimately had a great impact on the growth of the Church (Alma 49:30).

ALMA 43

Write a list of some of your plans, goals, and desires for your future. As you write, consider including spiritual goals and desires, such as a mission, temple marriage, and family. Now put a star next to ones you feel Satan would not want you to accomplish.

What can you learn from Moroni's preparations for war about defending yourself against Satan's attacks and temptations?
(Alma 43:16-22)

What did Moroni do to prepare for another attack by the Lamanites?
(Alma 43:23-24)

ALMA 44

What was better about the cause the Nephites were fighting for than the Lamanites' cause?

Who did Moroni credit for the Nephite victory?
(Alma 44:1-6)

Why was it important to Moroni to have the Lamanites make a covenant of peace?
(Alma 44:7-11.)

How will you apply the principles and truths in this chapter to protect yourself against the adversary and accomplish your righteous desires and goals?



ALMA 45

Before Alma departed out of the land, he asked Helaman three important questions.

What were they?

(Alma 45:1-7)

How would you answer those questions?

(Alma 45:2-7)

1

1

2

2

3

3

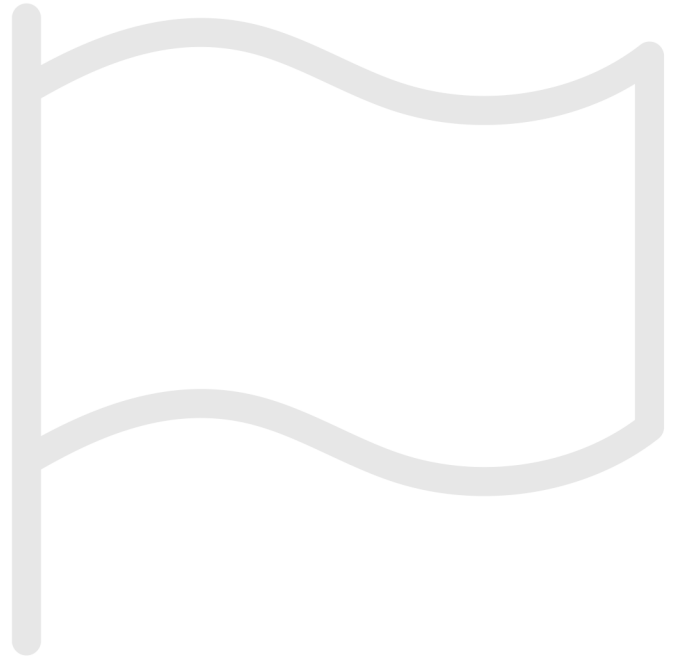
How does Alma 45:16 make you feel?

Read Doctrine and Covenants 1:31-33. How does Alma 45:16 make you feel now?

ALMA 46

What lessons does Mormon want us to learn in from Amalickiah?
(Alma 46:8-10)

Write your own title of liberty about what you are fighting for against Satan.
(Alma 46:12-13,)



What traits did Captain Moroni have? Choose one or two to work on developing.
(Alma 48:11-13, 17-18)

How did the people respond to Captain Moroni and the Title of Liberty?
(Alma 46:18-22,)

ALMA 47

What would you do if you were at war and someone presented you with a book that revealed what your enemy planned to do to destroy you and your family? Alma 47 can provide some insight into the plans of your enemy, the devil.

Fill out the chart with things the Amalackiah did and compare them to what the devil does now.

What would you do if you were at war and someone presented you with a book that revealed what your enemy planned to do to destroy you and your family? Alma 47 can provide some insight into the plans of your enemy, the devil.

Fill out the chart with things the Amalackiah did and compare them to what the devil does now.

WHAT AMALICKIAH DID	WHAT SATAN DOES

WHAT AMALICKIAH DID	WHAT SATAN DOES

ALMA 48-49

What did Amalickiah do to prepare for battle against the Nephites?
(Alma 48:1-7)

What did Moroni do to prepare the people for battle against Amalickiah?
(Alma 48:7-10)

How did the Lamanites react when they saw the city of Ammonihah.? Why did they feel that way?
(Alma 49:4-5)

What happened at the City of Noah?
(Alma 49:12-14)



ALMA 50

Captain Moroni fortified the City of Noah. If the City of Noah symbolizes yourself and your family, what could the fortifications represent?

TOWER

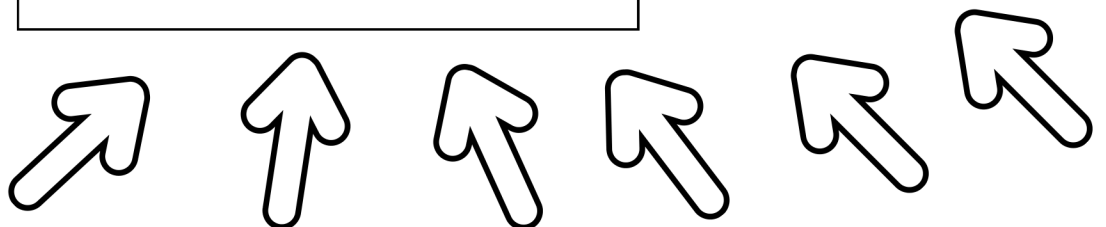
FRAMES OF PICKETS

WORKS OF TIMBER

HEAPS OF EARTH

CITY
**my
FAMILY**


LAMANITE ARROWS



For a free printable of this activity, along with suggested answers, please see
<https://savingtalents.com/building-a-familys-fortifications/>

ALMA 50-51

How did the Lord bless the Nephites who were faithful to Him?
(Alma 50:19-23)

What caused the Nephites to weaken?
(Alma 51:1-21)

What role did division and contention play in the war with the Lamanites?
(Alma 51:22-27)

What did Alma and Pahoran do to encourage peace? What are some characteristics of a peacemaker you can develop?
(Alma 50:39-40; 51:22)

ALMA 52

Why didn't Teancum attack the city of Melek?
(Alma 52:15-17)

What are some places that might be
considered strongholds of the adversary?
(Alma 52:15-17)



What did Moroni and Teancum do to get the
Lamanites out of the city?
(Alma 52:21-26)

What you think about Moroni as a general?
How was he a good general for the Nephites?

ALMA 53

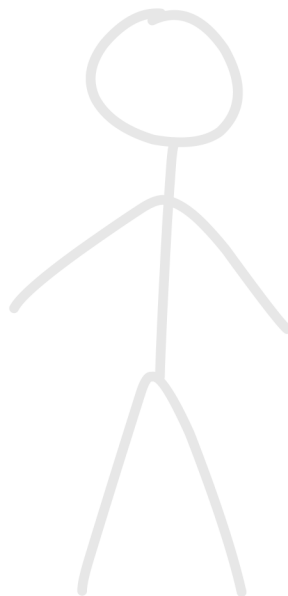
What do you learn about the importance of keeping covenants?
(Alma 53:10-17)

The stripling warriors were probably only about ages 12-14. How would you feel if you were one of them in this situation?

As you read this chapter, write the characteristics that the striplings warriors developed before battle and demonstrated during battle.
You will continue adding to it when you read chapter 56.

**TRAITS DEVELOPED
BEFORE BATTLE**

**TRAITS DEMONSTRATED
DURING BATTLE**

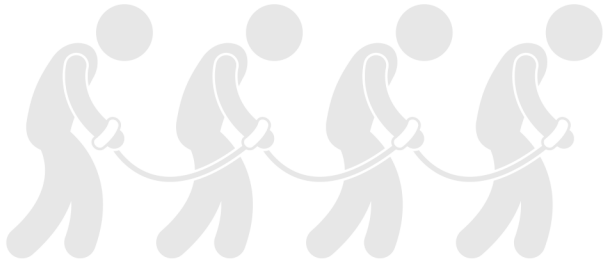


STRIPLING WARRIOR (YOUNG LATTER-DAY SAINT)

ALMA 54-55

Why did Moroni want to exchange prisoners?
(Alma 54:1-2)

What did Ammoron say about the Nephites' history and beliefs?
(Alma 54:16-24)



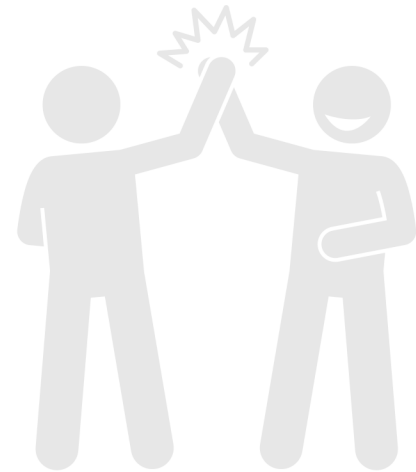
How did Moroni react to Ammoron's lies?
(Alma 55:1-2)

What do we learn about following the Lord with exactness and standing up for what is right, even when it's hard?
(Alma 55:3-24)

ALMA 56-57

As you read chapters 56-57, continue adding to the lists on the page for chapter 53. Choose one trait you can work on and set a goal here.

How did Antipus react when he saw the stripling warriors arrive to help?
(Alma 56:9-10)



What do you think it means to obey a commandment “with exactness”?
(Alma 57:19-21)

Why did the Lord extend His power to protect the stripling warriors?
(Alma 57:25-27)

ALMA 58

What happened to Helaman's army while they were fighting the Lamanites?
(Alma 58:7-9)

What did the Nephites do during this difficult situation? How did the Lord respond?
(Alma 58:10-12)

Why were the Nephites able to be victorious in spite of their weaknesses?
(Alma 58:37)

Look for words and phrases that show the ways in which the stripling warriors were valiant during difficult circumstances.
(Alma 58:39-40)



ALMA 59

What two things did Moroni do after hearing about Helaman's victories?
(Alma 59:2-3)

1

2

What was Moroni's reaction after the Lamanite victory? What caused the victory?
(Alma 59:9-12)

Why is it easier to avoid addictions to harmful substances than to overcome an addiction?
(Alma 59:9)

Why is it easier to maintain a testimony than to regain it after losing it?
(Alma 59:9)

ALMA 60

What accusations did Moroni make against Pahoran and the people in Zarahemla?
(Alma 60:17-24)

If we think of ourselves as “vessels,” what do you think it means to cleanse the inner vessel?
(Alma 60:23)



What did Moroni threaten to do if Pahoran didn't send reinforcements?
(Alma 60:33-36)

What does this chapter teach you about God's expectations of the righteous?

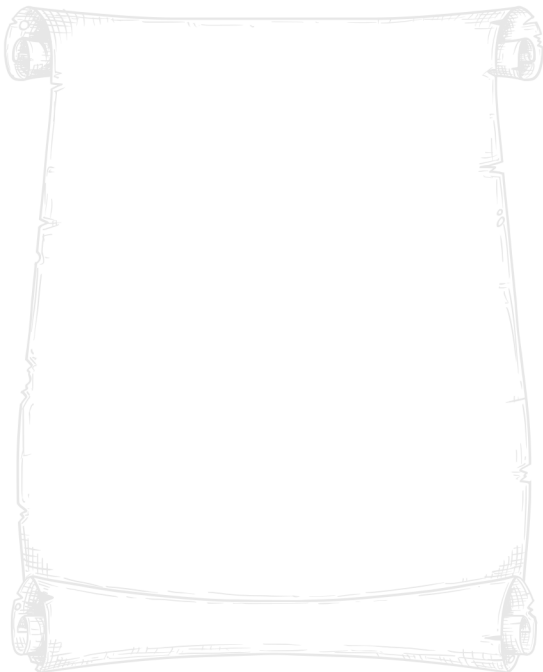
ALMA 61

What was really happening in Zarahemla?
(Alma 61:1-5)

If you were Pahoran, how would you feel
receiving Moroni's letter?
(Alma 61:9-14)

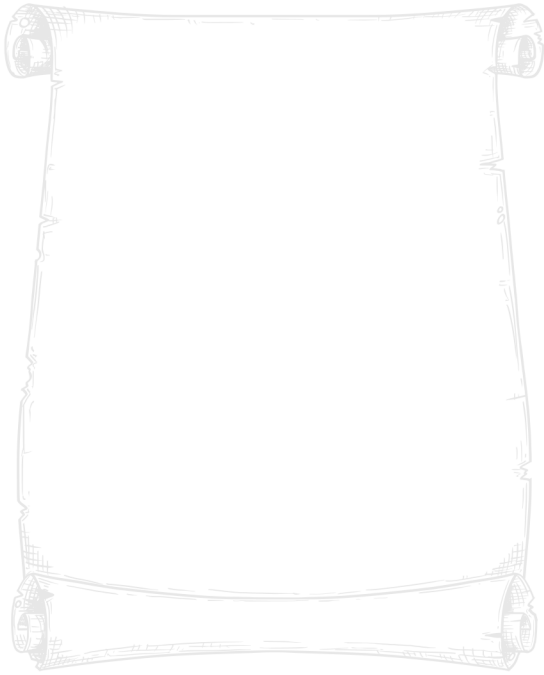
How did Pahoran respond to Moroni's letter?
(Alma 61:9-14)

What does Pahoran's example teach you
about "choosing to be offended."



ALMA 62

How did Moroni feel when he received
Pahoran's letter?
(Alma 62:1)



Does it say if Moroni ever apologized to
Pahoran? Why do you think that is?

How were the Nephites affected by the wars?
(Alma 62:39-41)

Why do you think some people grow closer to
the Lord when faced with trials while others
turn away from Him?

ALMA 63

After Helaman died, who took possession of the plates? What kind of person was he?
(Alma 63:1-2)

What did Hagoth and other Nephites do once the wars were over?
(Alma 63:5-8)



Who received the plates next? What did that person do with them?
(Alma 63:10-13)

Once the king-men were defeated and the Lamanites driven out, was there peace. Why?
(Alma 63:14-15)

WAR CHAPTERS OVERVIEW

In today's world, it is common to justify making wrong decisions in the name of good. Here are some "what-ifs" that could have happened during the war chapters in Alma. Fill out the chart with similar modern-day scenarios you might encounter.

Book of Mormon	Modern Day
What if the Nephites had gotten angry with Moroni for refusing to exchange prisoners with Ammoron because they were worried about their loved ones?	
What if Pahoran had become offended by Moroni's letter and reacted with anger?	
What if the people of Ammon had broken their covenants to go to battle to protect their lives and the lives of the Nephites who had taken them in?	
What if the stripling warriors had been too afraid to go to battle or have faith?	
What if the mothers of the stripling warriors had refused to let their children go to war, saying they were too young?	

HELAN 1

What caused contention and divisions among the Nephite people?
(Helaman 1:1-4)



How did the two brothers of the new chief judge react?
(Helaman 1:5-8)

What were the Lamanites able to do as a result of the Nephites' contention?
(Helaman 1:18-22)

Think of an area in your life where there is contention between you and others. What is one thing you can do to eliminate it?



HELAN 2

What are the differences between how the Lord wants us to act if we commit a sin and how Kishkumen and his followers acted?
(Helaman 2:3-4; D&C 58:43)

WHAT GOD WANTS

WHAT KISHKUMEN DID

WHAT GOD WANTS	WHAT KISHKUMEN DID

How was Kishkumen killed?
(Helaman 2:2-9)

--

What does this chapter teach about secret combinations? How can you use this knowledge in today's world?
(Helaman 2:10-14; 2 Nephi 26:22; Alma 1:12)

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HELAMAN 3

What caused the change from peace to having contention?
(Helaman 3:1-19)

What impresses you about Helaman? How was he able to remain faithful?
(Helaman 3:20)

What does Mormon want you to learn about the word of God?
(Helaman 3:27-30)

What was the difference between the weakened Nephites stronger Nephites during this time of affliction?
(Helaman 3:33-35)

AND THUS WE SEE.....



HELAN 4

Write at least three phrases on each side of the chart.
(Helaman 4:11-13, 21-26)

**PHRASES THAT SHOW THE NEPHITES'
ATTITUDE AND ACTIONS.**

**PHRASES THAT SHOW WHAT HAPPENED
BECAUSE OF THESE ACTIONS.**

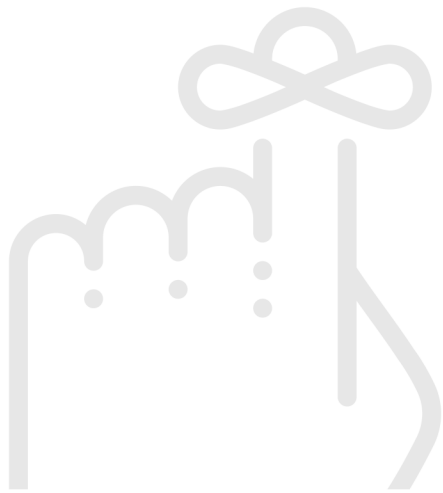
What happened when the Lord left the
Nephites to their own strength?
(Helaman 4:23-26)

Think about what "battles" you face, Write at
least one thing you can do to maintain the
companionship of the Spirit for that battle..

HELANAN 5

Make a list of all the things Helaman wanted his sons to remember.
(Helaman 5:1-12)

Draw a picture of what you think this verse is.
(Helaman 5:12)

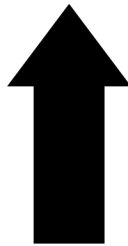


If the cloud of darkness symbolizes sin and darkness, what could the rest of this story mean for you today?
(Helaman 5:20-44)

What do you learn about repentance from this story of the Lamanites?
(Helaman 5:45-47)

HELAMAN 6

Look for what the Lamanites did that caused the Spirit of the Lord to increase; and write them above the top arrow. In the same verses, look for what the Nephites did that caused the Spirit of the Lord to decrease, and write them below the bottom arrow.



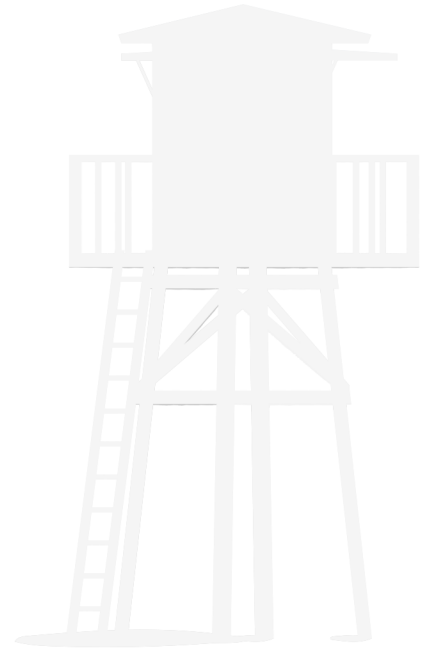
***THE INFLUENCE OF THE
SPIRIT IN OUR LIVES***



HELAN 7

What was Nephi's mission like?
(Helaman 7:1-5)

What happened while Nephi was away? What
did he do when he got home?
(Helaman 7:6-11)



What did Nephi teach the people?
(Helaman 7:12-29)

Make a list of the "wos" or consequences of
not repenting.
(Helaman 7:12-29)

HELAMAN 8

What are some influences that distract you from listening to the words of the prophets?
How can Helaman 8 help you?



What did the judges (Gadianton robbers) say about Nephi? How did the people react to their words?
(Helaman 8:1-10)

What might be appropriate ways to speak out against influences like the wicked judges and support the Lord's prophets?

What are the blessings of listening to the prophet? Also add more "wos" to your list in the last chapter.
(Helaman 8:11-26)

HELANAN 9

Pretend you are an investigator looking into the murder of the chief judge. Use the questions and verses as guides.

When five people investigated Nephi's claims, what did they find? Why did they fall to the ground? (Helaman 9:1-5)

According to Helaman 9:5, what did the five men who discovered the murdered chief judge believe and fear?

Who did the people suspect were the murderers? (Helaman 9:7-8)

Who was proven innocent? (Helaman 9:10-14, 18)

Who was accused? (Helaman 9:16, 19)

What evidence of his innocence did Nephi give? (Helaman 9:25-36)

According to Helaman 9:36, what did Nephi say that Seantum would testify of as he confessed to murdering his brother?

Who was the murderer? (Helaman 9:37-38)

According to Helaman 9:39-41, why did some people believe Nephi?

HELANAN 10

What was the result of Nephi pondering the events that occurred?
(Helaman 10:1-3)

What blessings did Nephi receive for being a trustworthy servant?
(Helaman 10:5-7)

How did Nephi respond to the Lord's command for him to preach repentance?
(Helaman 10:11-12)

Write three things the Lord has asked you to do, either with personal revelation or through His servants the prophets. How can you do them immediately?

1

2

3

HELANAN 11

Based on what you read in this chapter, what is the missing piece of the pride cycle?



Fill out the chart to show which stages of the Pride Cycle the Nephites were in at different times.

Year of Judges	Helaman 11 verses	A Brief Description of the Nephites' Condition	Position on the Cycle
72-73	1-2	Contention and wars increased; the secret band of robbers carried on the work of destruction.	2, 3
73-75	3-6		
75	7, 9-12		
76-77	17-18, 20-21	The people rejoiced and glorified God; they were righteous and prospered again.	4, 1
78-79	22-23		
80	24-26		
80-81	27-30, 32-35		
82-85	36-37		

HELAMAN 12

What do you think Mormon wants you to learn
in these verses?
(Helaman 12:1-3)

AND THUS WE SEE.....



Use the quote below from Elder Christofferson
to explain why the Lord chastened the
Nephites. Why does he chasten you?

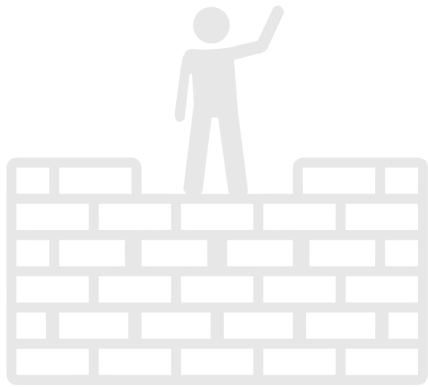
Why do you think it is so easy for those who
are prospering to forget the Lord? What
examples of ease and prosperity in our day
might lead a person to forget God?

Why did Mormon say “the children of men...
are less than the dust of the earth”?
(Helaman 12:7-20)

“Though it is difficult to endure, truly we ought to rejoice that God considers us worth the time and trouble to correct. Divine chastening has at least three purposes: (1) to persuade us to repent, (2) to refine and sanctify us, and (3) at times to redirect our course in life to what God knows is a better path.”
 (“As Many as I Love, I Rebuke and Chasten” May 2011)

HELANAN 13

How did Samuel know what to say? What does this tell you about messages from modern prophets today?
(Helaman 13:1–8, 11)



How do these verse show you that when people do not remember the Lord, they are more susceptible to pride and iniquity?
(Helaman 13:17–23)

How had the Nephites been responding to the false prophets?
(Helaman 13:26–28)

How did so many Nephites become so wicked?
(Helaman 13:38)

HELANAN 14

As you read this chapter, fill out the chart and answer the question..

SIGNS OF CHRIST'S BIRTH

SIGNS OF CHRIST'S DEATH

Why does the Lord provide signs and wonders? (Helaman 14:28-29)

What do these verses teach about the need
for the Atonement and Resurrection?
(Helaman 14:15-19)

Why are your choices in this life so important?
(Helaman 14:30-31)

HELAN 15

Fill out the chart to describe the spiritual condition of each group of people.

NEPHITES (HELAN 15:3, 17)

LAMANITES (HELAN 15:4-8)

How do you think a habit of faithful scripture study can help a person receive a change of heart?

Look for phrases that indicate the following gospel principle: If people become unbelieving after having received the gospel, they will receive greater condemnation.
(Helaman 15:14-17; D&C 82:3)

HELAMAN 16

Fill out the chart to explain how each group of people received Samuel's words.

HELAMAN 16	DID THIS GROUP OF NEPHITES BELIEVE?		HOW DID THESE PEOPLE RESPOND TO THE PROPHET SAMUEL'S WORDS?
	YES	NO	
VERSE 1			
VERSE 2			
VERSES 3-5			
VERSES 6-7			

Why do you think people might get angry and reject the counsel of the prophets today?
(Helaman 16:13-14)

How did nonbelievers justified their rejection of the fulfillment of prophecies? How are they similar to today? What are the consequences for rejecting the prophet's words?
(Helaman 16:16-23)

3 NEPHI 1

How would you feel if you were Nephi and the time had arrived when the believers were about to be destroyed?
(3 Nephi 1:1-9)

What did Nephi do? What did the Lord say?
(3 Nephi 1:10-14)



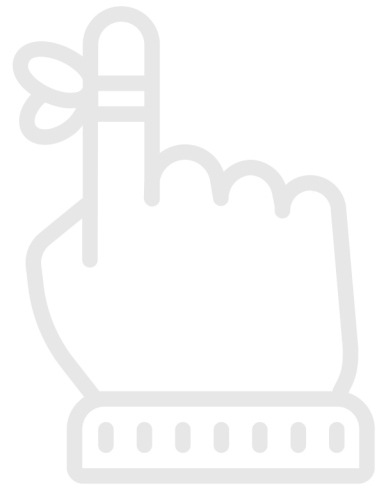
What did the devil try to do after the signs of the Lord's birth had been given?
(3 Nephi 1:22-23)

How can you remain faithful even if those around you choose not to?
(3 Nephi 1:27-30)

3 NEPHI 2

What happened when people began to forget the signs of Christ's birth?
(3 Nephi 2:1-3)

Why is this statement true?
if we forget previous spiritual experiences, we become more vulnerable to Satan's temptations and deceptions.



Why did the Lamanites and Nephites unite?
(3 Nephi 2:12)

Read Elder Eyring's talk "O Remember, Remember" from the October 2007 General Conference. Use this place to set goals.

3 NEPHI 3

What are some tactics Satan and his followers use to lead the righteous astray?
(3 Nephi 3:1-10)

How did Lachoneus feel when he received Giddianhi's letter?
(3 Nephi 3:12-19)

Write four ways Lachoneus prepared to fight the robbers. Give corresponding modern parallels.

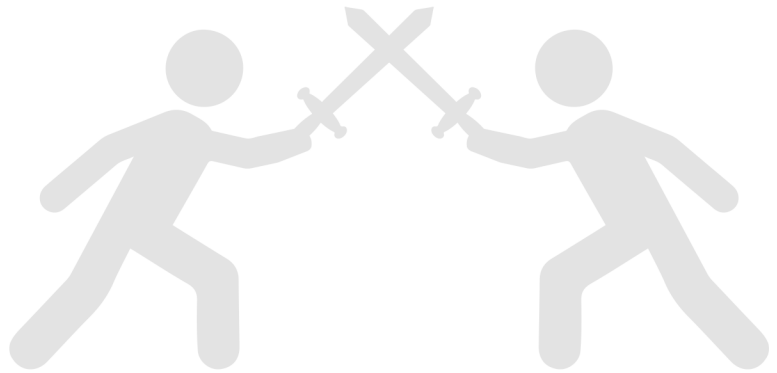
PREPARATIONS OF LACHONEUS

MODERN PARALLELS

3 NEPHI 4

What caused the Gadianton robbers to come to battle against the Nephites?
(3 Nephi 4:1-6)

What happened when the battle began?
(3 Nephi 4:7-12)



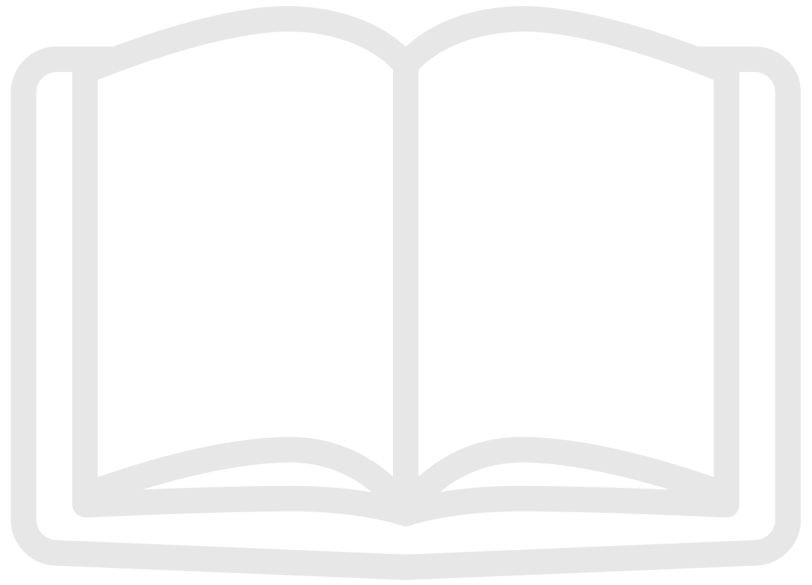
How did the people react when they won?
(3 Nephi 4:30-33)

What does this chapter teach you about preparation and acknowledging God's hand?

3 NEPHI 5

What did the Nephites do as a result of the help and blessings they received from God?
(3 Nephi 5:3-4)

An abridgement is a summary of a book.
What was Mormon's responsibility for writing his abridgement of the plates of Nephi?
(3 Nephi 5:12-13)

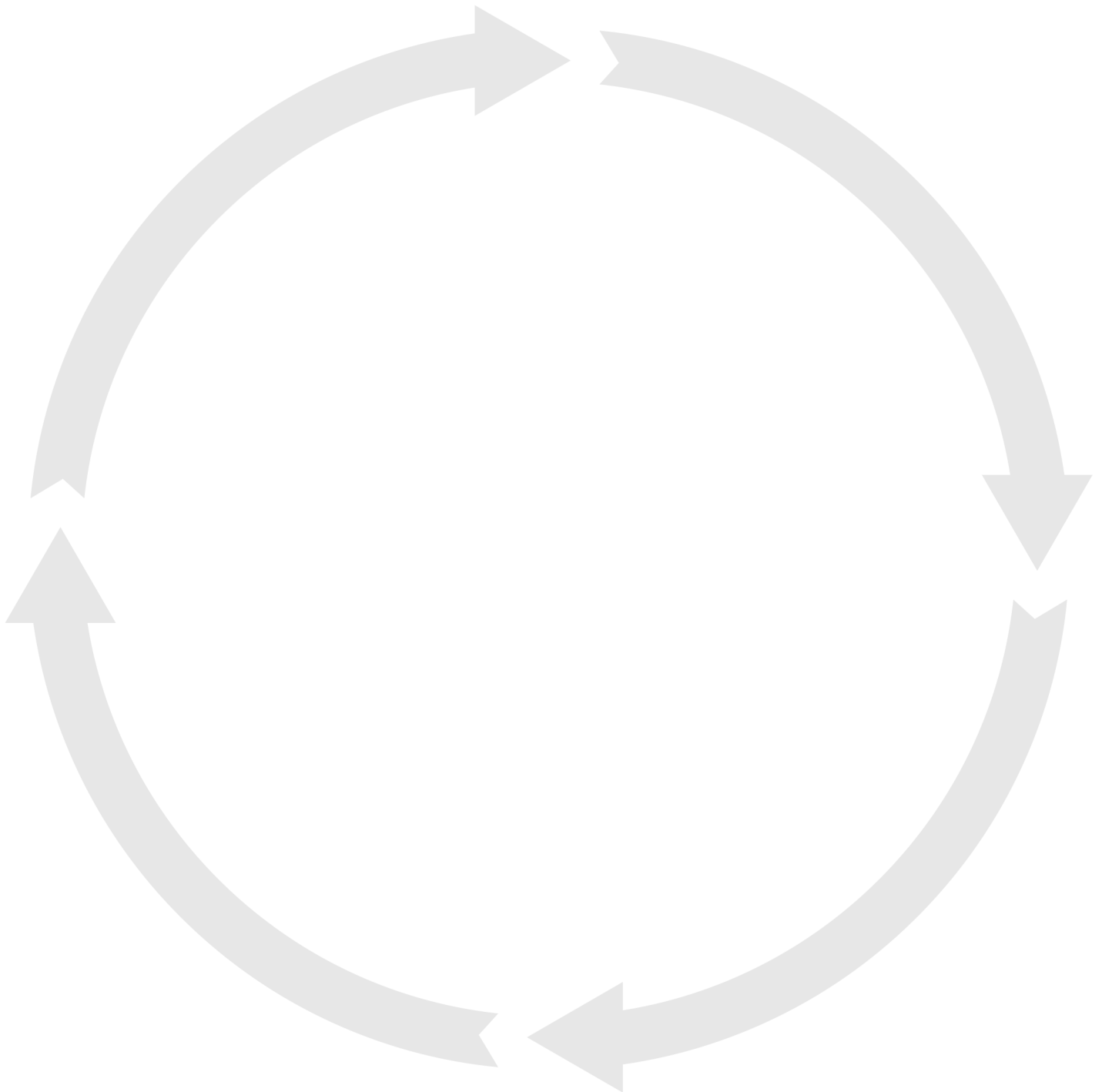


What are the reasons Mormon is making the abridgement?
(3 Nephi 5:14-26)

Explain how this principle applies to you:
Disciples of Jesus Christ have a responsibility to teach others the way to everlasting life.

3 NEPHI 6

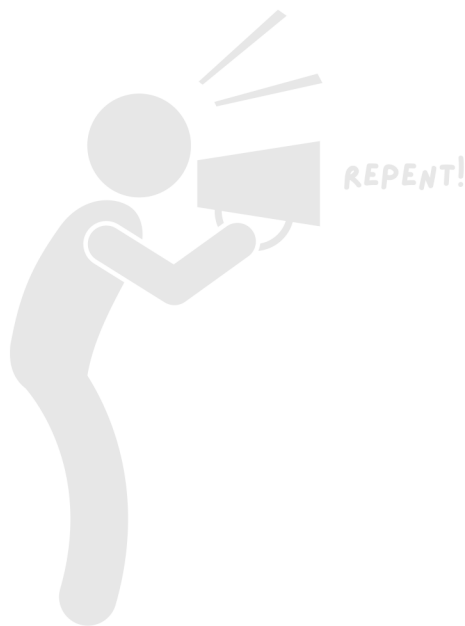
Draw a large version of the Pride Cycle you made in Helaman 11. As you read this chapter, write the verse numbers next to the stages of the cycle to show where the people were at.



3 NEPHI 7

What do you learn about Satan's power and our own agency in this verse?
(3 Nephi 7:5)

How did Nephi respond to the wickedness of the people?
(3 Nephi 7:15-20)



How were the people blessed for following Nephi?
(3 Nephi 7:21-22)

Write about a time when you chose to follow the counsel of the prophet or other priesthood leaders. How were you blessed for doing so?

3 NEPHI 8

Imagine the day when the Second Coming of Jesus Christ arrives. How do you think you might feel when that time comes?

(3 Nephi 8:3-4)

Draw a picture of what happens in these verses..

(3 Nephi 8:5-18)

How would it feel to be in a place of total darkness, like a cave?

(3 Nephi 8:19-23)

What could have prevented the death and destruction of so many of the people?

(3 Nephi 8:24-25)

3 NEPHI 9

Why did so much destruction occur?
(3 Nephi 9:1-2, 7)



What did the Savior say to comfort the people
in their suffering?
(3 Nephi 9:13-14)

What do we need to be like in order to come
unto Christ? What are some of those
characteristics?
(3 Nephi 9:21-22)

Both the righteous and the wicked who
survived were in the darkness - even Nephi.
What does this tell you about trials?

3 NEPHI 10

Draw a picture of the analogy Christ uses about protecting His people.
(3 Nephi 10:4-6)

3 NEPHI 11

How are is the voice the people heard like the promptings received from the Holy Ghost?
(3 Nephi 11:1-6)

Christ had the people come to Him one by one. There were probably 2,500 people. Why would He do this? How does it apply to you?
(3 Nephi 11:10-15)

Why was baptim and its requirements one of the first things Jesus taught?
(3 Nephi 11:18-27)

What do you learn about contention?
(3 Nephi 11:28-30)

3 NEPHI 11

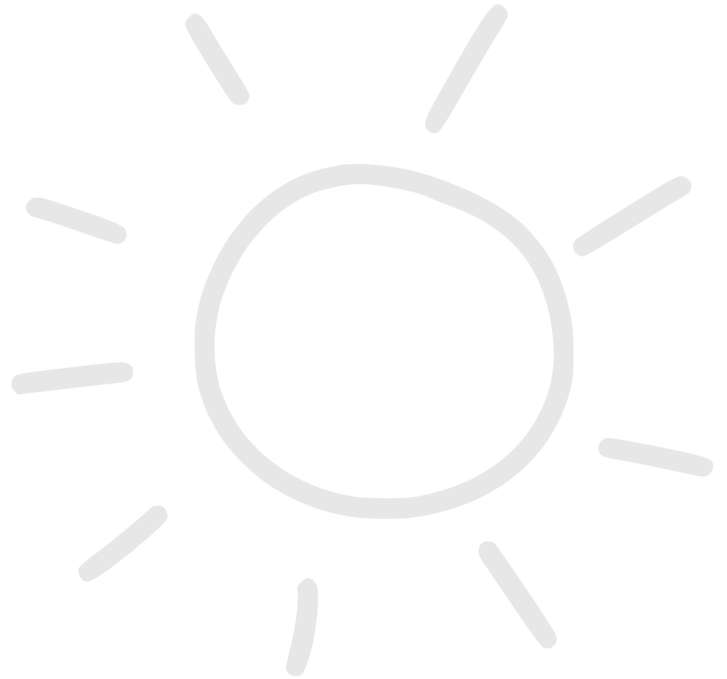
Read each scripture reference, and identify the actions and consequences that Jesus Christ taught were related to His doctrine.

	Actions	Consequences
3 Nephi 11:32–34		
3 Nephi 11:35–36		
3 Nephi 11:37–38		
3 Nephi 11:39–40		

3 NEPHI 12

Identify one attribute you are striving to develop. What blessings do you hope to gain?
(3 Nephi 12:1-12)

What does Christ expect of us to enter the Celestial Kingdom?
(3 Nephi 12:19-20)



Make a list of the behaviors Christ teaches will lead to perfection.
(3 Nephi 12:21-45)

What do you think it means that perfection can come “only through the Lord”?
(3 Nephi 12:48)

Read “Perfection Pending,” President Nelson,
Oct. 1995 General Conference

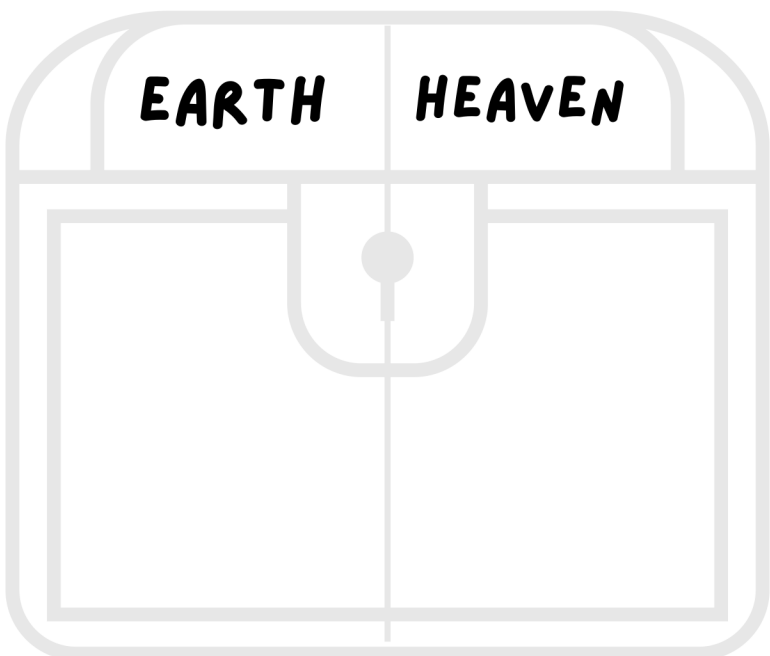
3 NEPHI 13

Complete the following chart and answer each of the questions as you read the verses.

Activity	What motive did the Lord warn against as we do this activity?	How did the Lord say we should do the activity?
Do alms (3 Nephi 13:1-4)		
Pray (3 Nephi 13:5-6)		
Fast (3 Nephi 13:16-18)		

List some examples of treasures on earth and treasures in heaven.
(3 Nephi 13:19-20)

In what ways do you serve the world? How can you serve God instead?
(3 Nephi 13:19-24)



3 NEPHI 14

The Joseph Smith-Translation clarifies these verses to say judge not unrighteously. How can you judge righteous judgment?
(3 Nephi 14:1-2,12)

Draw a picture of this verse. What do the mote and beam represent?
(3 Nephi 14:4)

What do these verses teach you about Heavenly Father's desire to answer prayers?
(3 Nephi 14:7-11)

Draw a picture of each of the three good/bad examples the Savior gives.
(3 Nephi 14:13-27)

3 NEPHI 15

The people were confused about Jesus telling them they did not need to live the Law of Moses after following it for centuries. What did He say to reassure them?
(3 Nephi 15:1-5, 9)

What do you think Jesus was teaching the Nephites when He said, "I am the law"? What does He want us to do with this knowledge?
(3 Nephi 15:9-10)

What do the verses mean about "other sheep"?
(3 Nephi 15:11-17)

Choose a commandment that you may have wondered why you need to obey, and consider how keeping that commandment can lead you to Jesus Christ.



3 NEPHI 16

What will happen in the last days after the Gentiles come to a knowledge of Jesus Christ and His gospel?
(3 Nephi 16:4-5)

What will happen because of the Gentiles' belief in Christ? To those who do not believe?
(3 Nephi 16:6-12)

What is required to become one of the Lord's covenant people?
(3 Nephi 16:13)

How do you know you are part of the Lord's covenant people?



3 NEPHI 17

What does Christ teach you to do when you find a teaching that you don't understand?
(3 Nephi 17:1-3)

Think about a time when you felt so happy, you didn't want it to end. How did the Nephites feel when Christ said that He had to go? How did He respond?
(3 Nephi 17:4-5)

Look for truths about Christ's character.
(3 Nephi 17:6-25)

How does understanding the Savior's nature help you exercise faith in Him?



3 NEPHI 18

What does Christ want people to do to remember Him?
(3 Nephi 18:1-11)



What are some aspects of the Savior's life and ministry you might remember during the ordinance of the sacrament? How will this help you remember Him all week?

Why do you think that both watching and praying are essential to resisting temptation?
(3 Nephi 18:15-21)

What are the responsibilities of priesthood leaders with regards to the sacrament?
(3 Nephi 18:26-39)

3 NEPHI 19

Make a list of the blessings that come to a person who has the gift of the Holy Ghost and lives worthy of it.
(3 Nephi 19:1-14)

How can you "be one" with Christ? With others?
(3 Nephi 19:23, 29)

Fill out the chart about the Savior's prayer.

Scripture passage	What did the Savior pray for?	How can you apply what you learned from the Savior's prayer to your life?
3 Nephi 19:19-23		
3 Nephi 19:27-29		
3 Nephi 19:31-34		

3 NEPHI 20

What did Jesus ask the people to do before He prepared and passed the sacrament? How can this help your own worship?
(3 Nephi 20:1)

What do you do during the administration of the sacrament that shows you understand its sacred nature?
(3 Nephi 20:1-9)



Why do you think knowledge of the Lord is essential?
(3 Nephi 20:11-13)

When you were baptized, you became part of the house of Israel. What is your responsibility?
(3 Nephi 20:27)

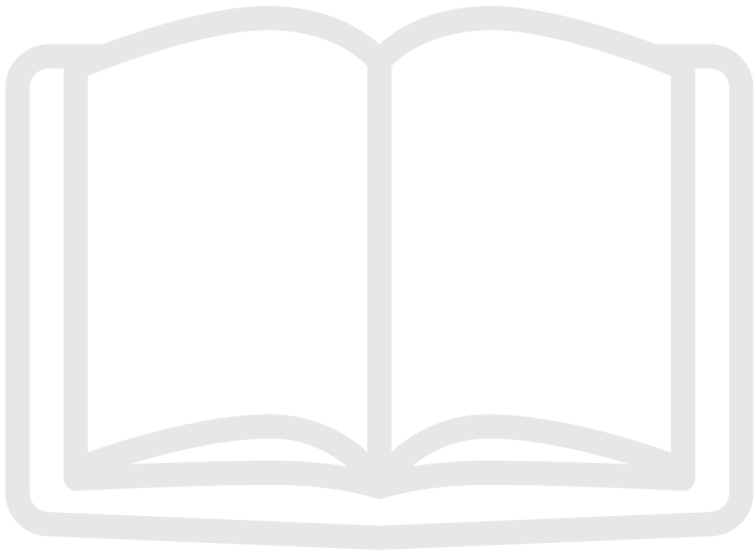
3 NEPHI 21-22

Use the chart to answer the questions.

Verses	Questions	Answers
Read 3 Nephi 21:1-2, 7. When the Book of Mormon comes forth in the last days, it will be a sign that the Father has begun gathering the house of Israel.	When have you seen the Book of Mormon lead (or gather) someone, including yourself, to Jesus Christ and the covenants of the gospel?	
Read 3 Nephi 21:9. The phrase “a great and a marvelous work” refers to the Restoration of the gospel of Jesus Christ.	What do you think is great and marvelous about the Restoration of the gospel of Jesus Christ?	
Read 3 Nephi 21:10-11, and ponder how this description fits the Prophet Joseph Smith.	Why is it essential to believe the words of the Lord that were brought forth through the Prophet Joseph Smith?	
Read 3 Nephi 21:22. If people repent and do not harden their hearts, they will be numbered among the house of Israel.	Why do you think repentance is necessary for a person to be gathered into God’s covenant people?	

3 NEPHI 23

Why does the Savior say the words of Isaiah are important? How can you search them?
(3 Nephi 23:1-5)



What do you think is the difference between reading the words of the prophets and diligently searching them?

How can you keep a record of the miracles in your life?
(3 Nephi 23:6-13)

Why does writing down the revelations you receive help you receive more revelation?
(3 Nephi 23:12-14)

3 NEPHI 24

What do you learn about the Second Coming
in these verses?
(3 Nephi 24:1-6)

What are the blessings of those who pay a full
and honest tithing?
(3 Nephi 24:10-12)

As you read chapters 24-26, add to this list.

WHAT I MUST DO TO PREPARE FOR THE SECOND COMING OF JESUS CHRIST.

3 NEPHI 25-26

Why will the Second Coming be a blessing to those who are faithful to Jesus Christ?
(3 Nephi 25:1-3)

What was prophesied that Elijah would do before the Second Coming? How was that prophesy fulfilled?
(3 Nephi 25:5-6; D&C 110)

How much of the Savior's sermon was included in the Book of Mormon? Why didn't Mormon include all of it?
(3 Nephi 26:6-11)

How did the people put the words of Jesus Christ into practice? How can you?
(3 Nephi 26:13-21)

3 NEPHI 27

What are indicators of the true church of Jesus Christ? Why is each important?
(3 Nephi 27:3-10)



What are elements of the gospel that are good news for all of us?
(3 Nephi 27:13-16, 19)

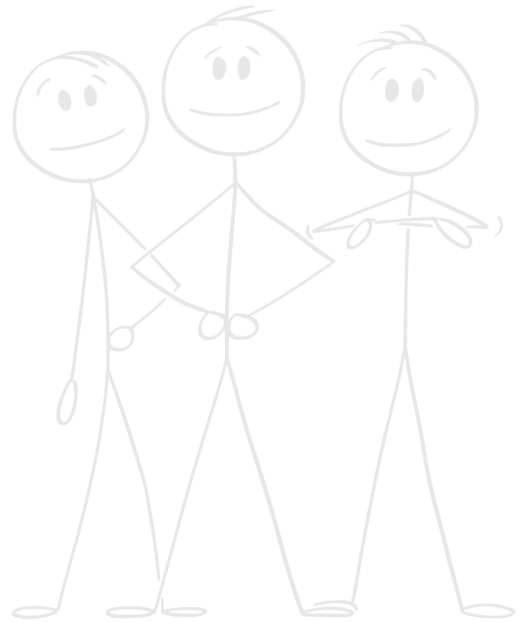
What must we do to receive all the blessings of the Atonement and prepare for judgment?
(3 Nephi 27:20-21)

What does the Savior expect of His disciples?
(3 Nephi 27:21, 27)

3 NEPHI 28

How would you respond if Jesus appeared to you and asked, "What is it ye desire of me?"
(3 Nephi 28:1-7)

What are the blessings the Three Nephits will receive because of their righteous desires?
(3 Nephi 28:8-10)



What do you learn about the Lord's willingness to bless you according to your desires?
(3 Nephi 28:18-23)

What did Mormon do when he didn't understand a gospel topic?
(3 Nephi 28:36-40)

3 NEPHI 29

When have you learned of or witnessed the fulfillment of one of God's promises?

How will you know the Lord has kept His covenant with his people?
(3 Nephi 29:1-3)

Identify three specific Book of Mormon passages that you think can help someone come unto Jesus Christ.
(3 Nephi 29:4-6)

How do you think the Book of Mormon could help someone understand and accept the gifts of revelation, prophecy, and tongues or the power of the Holy Ghost?

1

2

3

3 NEPHI 30

Make a list of the Savior's instructions to the Gentiles and the blessings they will receive if they come unto Christ.
(3 Nephi 30:1-2)

SAVIOR'S INSTRUCTIONS

BLESSINGS FOR COMING UNTO CHRIST

Why is it a blessing of the Lord to be
"numbered with [His] people who are of the
house of Israel"?
(3 Nephi 30:2)

How can you follow the Savior's instructions?

4 NEPHI 1

What did the people do to be happy?
(4 Nephi 1:1-2, 16)



What destroyed the happiness of the people?
(4 Nephi 1:20, 23-24)



What were the effects of pride among the people?
(4 Nephi 1:25-27, 30-35, 38-45)

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Are there elements of pride in your own life?
What can you do to resist pride and increase unity in your family, church group, etc?

--

MORMON 1

What words were used to describe Mormon?
(Mormon 1:1-5)

What words would someone use to describe
you?

Fill out the chart about gifts the Lord took away from the Nephites.

GIFTS THE NEPHITES LOST

Mormon 1:13-14, 18

WHY THE LORD TOOK HIS GIFTS AWAY

Mormon 1:14, 16-17, 19

MORMON 2

What responsibility was Mormon given? How old was he when it happened?
(Mormon 2:1-2)



What was the spiritual condition of the Nephites after the battles?
(Mormon 2:10-15)

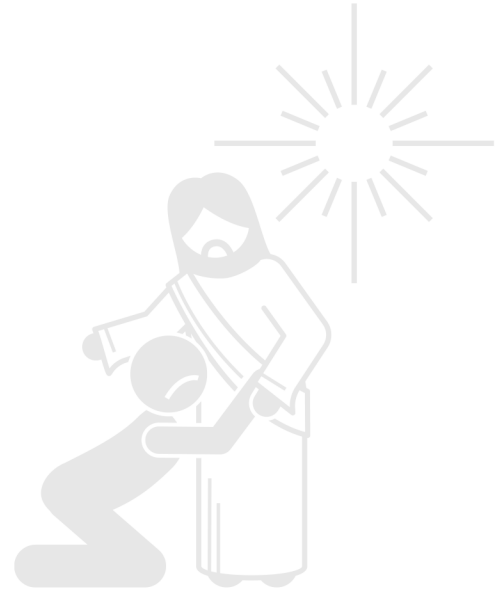
What differences can you see in between those who sorrowed unto repentance and those whose sorrow led to damnation?
(Mormon 2:13-14)

What were the spiritual conditions Mormon grew up in?
(Mormon 2:18-19)

MORMON 3

How did the Lord tell the Nephites to prepare for the Lamanite attacks? Did they?
(Mormon 3:2-3)

Why did the Lord continue to spare the Nephites? What does this tell you about the Lord's mercies?
(Mormon 3:3-8)



What was Mormon's response to the army's oath to seek vengeance?
(Mormon 3:11-13)

Why was preparing the Book of Mormon for the last days important to Mormon?
(Mormon 3:18-22)

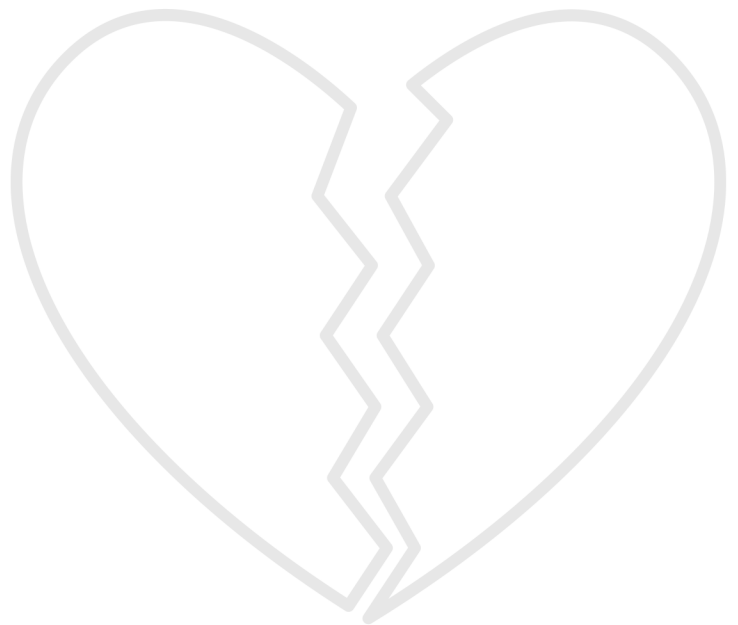
MORMON 4

What happened to the Nephites when they sought revenge?
(Mormon 4:1-4)

What happens when people persist in wickedness and refuse to repent?
(Mormon 4:4-5)

How were the judgments of God poured out upon the Nephites?
(Mormon 4:11-14, 18)

In your opinion, what is the saddest part of the Nephite situation in Mormon 3-4?



MORMON 5

Is there a difference between the sorrow about the death of a person who made right choices verses wicked ones? What do you think the difference is?

Why do you think Mormon led the Nephites to battle again? How did he feel about it?
(Mormon 5:1-2)

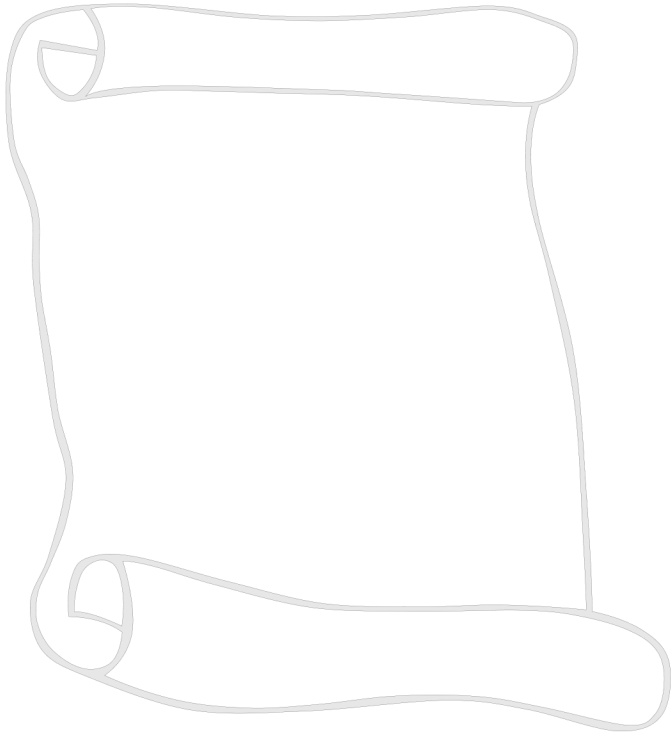


What are some of the purposes of the Book of Mormon?
(Mormon 5:12-15)

What do these verses tell you about those who refuse to repent?
(Mormon 5:16-18)

MORMON 6

What did Mormon write a letter about to the Lamanite king?
(Mormon 6:1-6)



Imagine you are Mormon. How do you feel?
(Mormon 6:7-20)

Why do prophets, leaders, and parents so diligently encourage you to repent?
(Mormon 6:16-22)

How does hope of the Lord's embrace help you to repent?
(Mormon 6:17)

MORMON 7

The Lamanites killed over 230,000 Nephites.
How does Mormon feel about Lamanite
descendants?
(Mormon 7:1-4)

What are the three truths about Christ that
Mormon wanted them to believe about Jesus?
(Mormon 7:5-7)

1

2

3

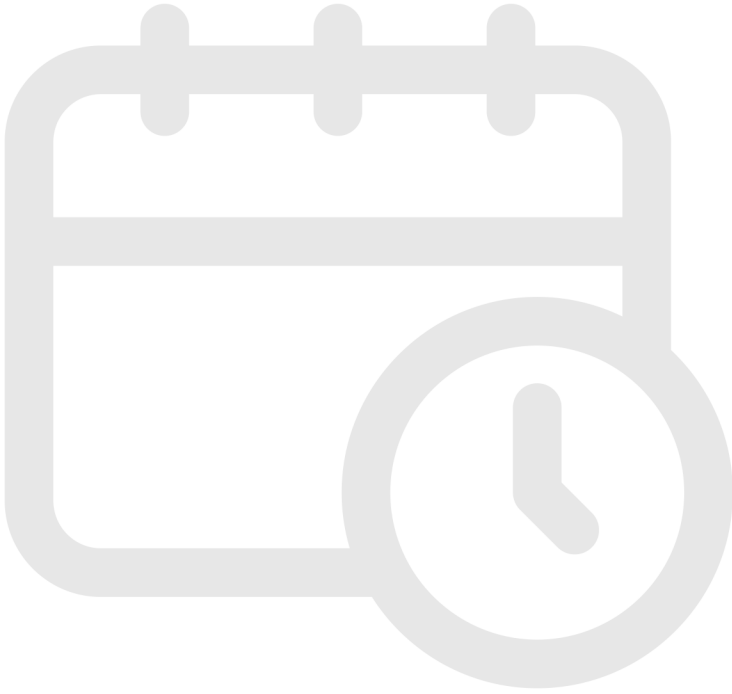
What must you do to appear guiltless before
God at the Judgment Bar?
(Mormon 7:8-10)

How can you follow Mormon's example and
treat others, including those who mistreat you,
in a way that reflects their eternal worth?



MORMON 8

How many years passed between Mormon and Moroni writing? How did the Lord sustain both men during their loneliess?
(Mormon 8:1-11)



What do these prophecies about the last days teach you about the value of the Book of Mormon for our day?
(Mormon 8:12-32)

How would the Book of Mormon be brought forth in the last days?
(Mormon 8:15-16)

Why will someone in the last days not help those in need? How do these verses describe youth today?
(Mormon 8:36-41)

MORMON 9

Imagine what you might think and feel if you were to enter into God's presence today.
(Mormon 9:1-6)

What does Moroni teach about God's nature and the reality of miracles?
(Mormon 9:7-20)

What can you do to more fully pray in the name of Jesus Christ?
(Mormon 9:21)

What do you learn about the Book of Mormon?
(Mormon 9:30-37)



ETHER 1

Where did the book of Ether come from?
(Ether 1:1-5)

What did Moroni include in book of Ether?
What did he exclude?
(Ether 1:1-5)



Why did the Lord change the language? Who
did Jared want to talk to?
(Ether 1:33-37)

Why do you think it was important for Jared
and his brother to follow these instructions
from the Lord?
(Ether 1:40-43)



ETHER 2

What happened after the Jaredites were obedient to the Lord's initial commands?
(Ether 2:4-6)

How does God feel about prayer?
(Ether 2:14-15)

How did the Lord help solve each problem?
What was the brother of Jared expected to do?

Scripture Verses	Problem with the Barges	Solution to the Problem
Ether 2:20-21	No air	
Ether 6:4-9	No steering	
Ether 2:22-3:6	No light	

ETHER 3

How did the brother of Jared have faith that the Lord could help Him solve His problem?
(Ether 3:1-5)

Why was the Lord willing to touch the stones?
How was the brother of Jared able to see the finger of the Lord?
(Ether 3:9)



Do you have enough faith in the Lord to commit to believe and follow what He will reveal to you even before He reveals it?
(Ether 3:11)

What did the brother of Jared learn about the Savior from this remarkable experience?
(Ether 3:13-20)

ETHER 4

The Lord wants to trust you with His knowledge, but He needs you to be trustworthy. How can you prepare to be worthy for it?

(Ether 4:1-7)

What does it mean to have faith like unto the brother of Jared? How did he show trust in God?

(Ether 4:7)

What are some ways a young person today might “contend against the word of the Lord”?

(Ether 4:8)

Rate yourself on a scale of 1 to 10 (10 being “very effective”) on how well you feel you are exercising faith in the Lord by seeking for and following His word in the following areas:

(Ether 4:11, 13-15)

_____ Daily prayer

_____ Following promptings you receive through the Holy Ghost

_____ Sustaining and following leaders in your branch, ward, district, or stake

_____ Studying the word of God in church

_____ Personal scripture study

_____ Following the words of the prophets and living the commandments

ETHER 5

How do you think Joseph Smith felt reading these verses about showing the Gold Plates to the Three Witnesses?
(Ether 5:1-3)

Record a few ways you can also be a witness of the Book of Mormon.



How could your witness of the Book of Mormon influence other people?

What do you think of this quote by President Henry B. Eyring?

“The Three Witnesses never denied their testimony of the Book of Mormon. They could not because they knew it was true. They made sacrifices and faced difficulties beyond what most people ever know. Oliver Cowdery gave the same testimony about the divine origin of the Book of Mormon as he lay dying. ... That they continued to affirm what they saw and heard in that marvelous experience, during long periods of estrangement from the Church and from Joseph, makes their testimony more powerful.”

ETHER 6

How did the Lord have the Jaredites prepare for the difficulties of the voyage?
(Ether 6:1-4)

Draw a picture of what would it have been like to be in a barge. How would you feel when you arrive at the promised land?
(Ether 6:5-12)

How did the Jaredites show trust in the Lord during their journey? How might you better trust in the Lord and follow His directions in difficult situations you may face?
(Ether 6:5-11)

What do you think is the relationship between walking humbly and being taught from on high?
(Ether 6:13-18)

ETHER 7-11

As you read, fill out the chart with the Jaredite kings in chapters 7-11, whether or not they were righteous, and what happened to the people as a result. Answer the questions that follow.

King	Righteous or wicked?	What happened?
Orihah		
Kib		
Corihor		
Shule		
Noah		
Cohor		
Nimrod		
Omer		
Jared		
Akish		

ETHER 7-11

Continue filling out the chart.

King	Righteous or wicked?	What happened?
Omer		
Emer		
Coriantum		
Com		
Heth		
Shez		
Riplakish		
Morianton		
Kim		
Brother of Kim		

ETHER 7-11

Continue filling out the chart.

King	Righteous or wicked?	What happened?
Levi		
Corom		
Kish		
Lib		
Hearthom		
Usurpers		
Amgid		
Heth		
Aaron		
Amnigaddah		

ETHER 7-11

Continue filling out the chart.

King	Righteous or wicked?	What happened?
Coriantum		
Com		
Shiblom		
Seth		
Ahah		
Ethem		
Moron		
Usurper descendant		
Coriantumr		
Moron		

ETHER 7-11

Continue filling out the chart.

King	Righteous or wicked?	What happened?
Coriantor		
Ether		
Shared		
Gilead		
High priest of Gilead		
Lib		
Shiz		

ETHER 7

What are one or two examples of actions that modern prophets warn against and how those actions could lead to physical and spiritual captivity?

What is one thing you can do to better heed the words of the prophets and qualify for the Lord's blessings?

Imagine you are a reporter assigned to cover the story of Shule. What will you write?
(Ether 7:8-13)



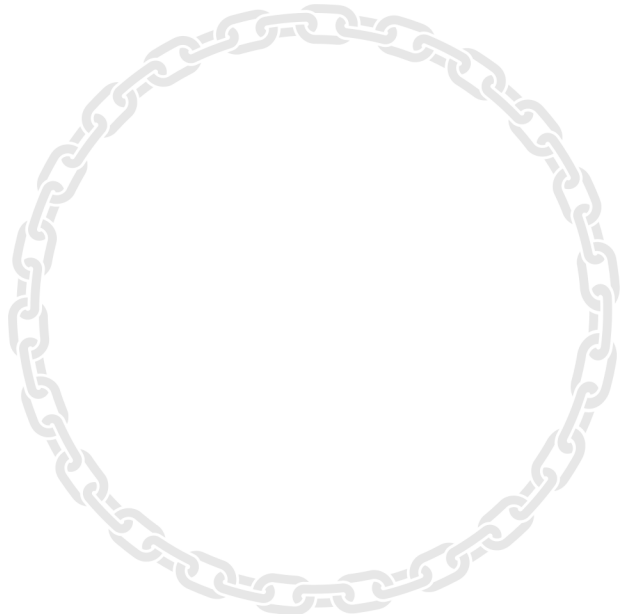
ETHER 8-11

Why do you think it is spiritually destructive to believe you can do “all manner of wickedness” (Ether 8:16) or “whatsoever thing” you desire (Ether 8:17) without facing any consequences?

How does the Lord feel about secret combinations? Why do you think combinations are considered wicked above all? (Ether 8:18)

Why might someone who is engaged in wicked behavior want to hide it from their friends, parents, or leaders? What is the danger of engaging in unrighteous secret activities?

What evidence is there that rejecting the words of the prophets leads to captivity? (Ether 9:26-35; 11:1-8)



ETHER 12

How do you think having hope “with surety” is different from merely wishing for something?
(Ether 12:4)

What comes to mind when you think about a “trial of your faith”?
(Ether 12:6)

Elder Richard G. Scott said, “Every time you try your faith, that is, **act in worthiness on an impression**, you will receive the confirming evidence of the Spirit.”

Make a list of the people who exercised faith and what they accomplished with it.
(Ether 12:7–22)

What was the Lord’s response to Moroni feeling inadequate to fulfilling his call?
(Ether 12:23–41)

ETHER 13

What will Jerusalem and New Jerusalem be like in the Last Days?
(Ether 13:2-8)

JERUSALEM

NEW JERUSALEM

Where will New Jerusalem be located?
(Ether 13:6; D&C 57:1-4; 84:1-4)

In what ways have you seen people in our day
harden their hearts and reject the Lord's
servants?
(Ether 13:20-22)

ETHER 14-15

What happened to Coriantumr and his people because they ignored Ether's warnings?
(Ether 14)

Why did Coriantumr refuse to save the remainder of his people?
(Ether 15:3-6)



What are some ways people might rationalize rejecting the warnings of the prophet?
(Ether 15:18-19)

Why do you think the Jaredite history was included in the Book of Mormon? What lessons do you learn from them?

MORONI 1

How did Moroni stand alone for his beliefs?
(Moroni 1:1-3)

How can you better stand up for your belief in
Jesus Christ?
(Moroni 1:1-3)

Why did Moroni write more? What might you
write to your own descendants that would be
a blessing to them?
(Moroni 1:4)

What can you learn from Moroni's example
and motivation to write more to the
descendants of those seeking his life?

WRITE...



MORONI 2-3

What do you remember about your confirmation?
(Moroni 2:1-3)

How has the gift of the Holy Ghost been a blessing in your life?
(Moroni 2:1-3)

How are individuals ordained to priesthood offices?
(Moroni 3:1-4)

Why do you think it's required for an individual to be ordained to a priesthood office by someone who already holds the priesthood?



MORONI 4-5

From memory, as best you can, write out one of the sacrament prayers, either for bread or for water. Then check it against Moroni 4-5.

What can you do to focus on remembering the Savior's Atonement during the sacrament?

To help you understand what you promise to do as you partake of the sacrament, review Moroni 4-5 and complete the following chart:

What I covenant to do	What I think it means to keep this part of the covenant	What I can do to better keep this part of the covenant
1.		
2.		
3.		

MORONI 6

What are the requirements for baptism?
(Moroni 6:1-3)

How can newly-baptized people remain
faithful to their covenants?
(Moroni 6:4)



What can you tell someone who says they
think church is boring and pointless?
(Moroni 6:5-6)

What do these verses teach you about
repentance and forgiveness?
(Moroni 6:7-9)

MORONI 7

Do you think a person can merely pretend to be righteous? Why or why not?
(Moroni 7:1-10)

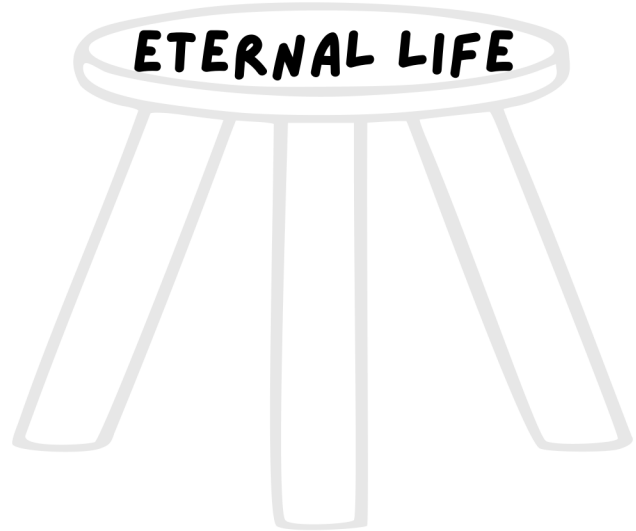
How can you know something is evil or of the devil without trying it?
(Moroni 7:11-19)

Make a list of several of your favorite TV shows, songs, music groups, Internet sites, apps, video games, or personal possessions. How well do these things invite you to do good, to believe in Christ, to love God and serve Him? How can you “lay hold upon every good thing”?
(Moroni 7:20-21, 25)

MORONI 7

What are the three principles required to inherit eternal life? Write each one in the stool's legs.
(Moroni 7:40, 44)

Elder M. Russell Ballard said these
“three divine principles form a
foundation upon which we can build the
structure of our lives... together [they]
give us a base of support like the legs of
a three-legged stool”
(“The Joy of Hope Fulfilled,”
Ensign, Nov. 1992, 33).



Fill out the table to answer the questions about each of the three principles in
the stool's legs. (Moroni 7:20–48)

	Faith	Hope	Charity
Definition			
How it can be gained.			
Examples of how you can demonstrate you have it.			

MORONI 8

What did Moroni do when he heard about the contention over unknown doctrine?
(Moroni 8:7)

Why aren't little children baptized? What does this teach you about baptism?
(Moroni 8:8-9, 11-13, 18-22)



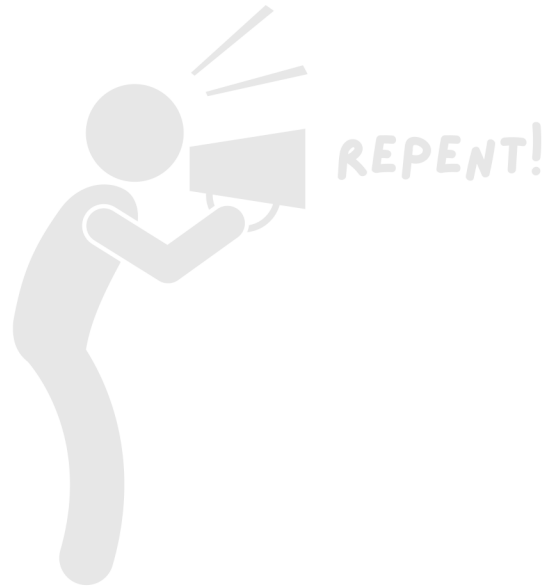
What characteristics do you need in order to dwell with God? How can you develop them?
(Moroni 8:25-30)

How can being meek and lowly of heart invite the Holy Ghost into your life? How will the Holy Ghost help you prepare to live with God?

MORONI 9

Why did Mormon continue to labor among the Nephites even though they had hardened their hearts toward the word of God and rejected the prophets' efforts to help them?
(Moroni 9:3-6)

How should you minister to people whose hearts aren't open?
(Moroni 9:2-19)



What did the angel tell Moroni about how to persevere in discouraging circumstances?
(Moroni 9:25-26)

Think about one way you can be more faithful in Christ when you are surrounded by wickedness or difficult circumstances.
(Moroni 9:21-26)

MORONI 10

What are the 4 things you need to do to gain
a testimony of the Book of Mormon?
(Moroni 10:3-4)

1

2

3

4

What are some of your spiritual gifts? If you
need ideas, read “There Are Many Gifts,”
Ensign, Nov. 1987 by Marvin J. Ashton.
(Moroni 10:8-26)

Imagine you are at the judgment bar of God.
What would you say Moroni about the Book of
Mormon and how it has affected your life?
(Moroni 10:27-29)

What must you do to become pure and
eventually perfect? How can you do it?
(Moroni 10:30-34)

MORONI 10

Congratulations, you have finished the Book of Mormon!
Record your thoughts, feelings, and testimony here.
(Moroni 10:3-5)



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