

Month:



MON

TUE

WED

THU

FRI

SAT

SUN

Daily chores

Weekly chores

A _____

B _____

C _____

D _____

E _____

F _____

G _____

H _____

chores by age (younger)

ages 2-3

pick up toys
sort laundry
set table
dirty clothes in hamper
make bed
wipe up messes
dust baseboards

ages 4-5

help unload dishwasher
clear dishes from table
handheld vacuum
fold towels and rags
help put away groceries
clean appliances
dust what they can reach
feed pets
match socks
unpack lunch box
wipe down doorknobs
water plants

ages 6-8

load/unload dishwasher
dust
vacuum
sweep hard floors
help load/change laundry
take out trash
rake yard
pull weeds
help with dinner
carry & put away groceries
make own lunch
dust mop floors
wipe counters
handwash larger dishes
put away laundry
clean bathroom sinks
clean up after pets

chores by age (older)

ages 9-11

clean toilets
wipe down appliances
clean mirrors
vacuum
mop hard floors
wash countertops
wash cabinets
prepare simple meals/sides
laundry (all parts)
handwash dishes
mow the yard (supervised)
empty garbages
help with meal planning
fetch the mail alone
sweep garage & driveway

ages 12+

cook an entire meal
mow lawn (unsupervised)
clean out fridge
wash & clean out car
help simple home repairs
babysit younger siblings
paint walls
clean garage
clean entire house
clean out pantry
clean out freezer
change overhead lights
iron clothes
shovel snow